

Looking for Serenity?

Need to develop a deep inner strength?

- Learn about the capability of embracing your feelings
- Get help dealing with challenging situations and emotions



DISTRICT 8 WORKSHOP: EMOTIONAL SOBRIETY

SATURDAY, SEPTEMBER 17, 2022 9 AM – 10:30 AM

VIA ZOOM: MEETING ID: 854 0907 3880, PASSCODE: 324114

LINK: <https://us02web.zoom.us/j/85409073880?pwd=DDJTSVNLDJN4AMPTDWDDWXRRCHKRZZ09>

Speakers:

Erica

Ruth

Peter

God GRANT ME THE *serenity*
TO ACCEPT THE THINGS I CANNOT CHANGE,
THE *courage* TO CHANGE THE THINGS I CAN,
AND THE *wisdom* TO KNOW
THE DIFFERENCE.