

Step Four

April 2022 Step, Tradition, and Concept Four

"Made a searching and fearless moral inventory of ourselves."

I have finished step three and have decided there is a GOD and it's not me.

So having discussed the next phase of my journey to sobriety with my sponsor I am ready to start step four. I have read pages 63-71 in the big book and consulted my 12 and 12.

It seems that the word best describing this step is Courage! I am going to do a thorough and vigorous house cleaning by taking an inventory of all my character defects and my greatest fears. Yes, for this I will need all the courage I can muster.

In step three I prayed to my higher power that I would live my life following his will and not my own and a mysterious and really wonderful peace has clearly given me the fearlessness I need to face this inventory. I understand now that by doing so I will clear the blockage I have developed and allow the "Sunlight of GODS spirit" to finally shine through.

I have read that my weaknesses have eroded the thread of the fabric of my existence. My self-reliance and fears have hidden from me the will of GOD and the pure freedom of spirituality.

Even though I was raised in a great nonjudgmental church, my closeness to my higher power always took a back seat and in order to allow GOD to work Gods will through me, I needed to do this. It is explained so well in the Big Book and the 12 and 12 and with my sponsors help, I had no excuse but to get to work.

It was hard and very unpleasant but I grudgingly began at a snail's pace. I wanted to stick with steps one, two and three then skip to 10, eleven and 12 but my sponsor would have none of that.

Being judgmental was the first thing that jumped out at me. Why I thought I was above anyone enough to be judgmental is a great mystery but I seemed to get some enjoyment out of it. Gossiping to other people was also a big thing but I had all the sins. Pride, Greed, Lust, Anger, Gluttony, envy and sloth. I was seven for seven.

Having it all laid out in front of me was ugly and I now know why they recommend going to step 5 as quickly as you can after you are done with 4.

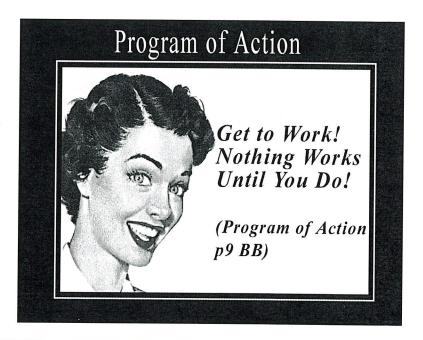
But upon examination, there were people on my list that I would never see again even if I could remember their names. But there were also people very close to me that I could not exclude. Family members were at the top of that list. But that would have to wait a few steps. Right now I just need to get it all written down so I could move to Step five and let it all out in front of another Human Being.

After it was finished, at least as much as I could this time, I was thinking that this is something every person should do once during their life. When you think about it, we really are fortunate to go through these steps because most people just don't examine their lives like we alcoholics do.

Now I would like to add another word that applies to 4, Honesty! It takes courage and honesty to face this and to truly clear away the debris so our relationship with our higher power can be fully maximized.

Most people are afraid going into these action steps and maybe for good reason. It's not for the faint of heart. But, I have never met anyone who wasn't glad that they went through it.

Pete A, Minneapolis



Greater Minneapolis Intergroup • Alcoholics Anonymous ®

Notes from your Service Office:

The General Service Theme for 2022 is:

"A.A. Comes of Age 2.0: Unified in Love and Service."

Office Notes...

January 17, 2022 email sent to Intergroup

Does this meeting still exist? I sat in Room 199 by myself from 7-7:20 tonight. Not a fun feeling walking out alone tonight (rather lonely and isolating) considering the courage it takes to walk into any meeting as a first timer.

Call received March 14, 12:15pm at Intergroup: "I went to attend this meeting I have gone to before and everything was dark and thankfully I am not a newcomer and have other options."

I could easily relate to this happening to me in my early days of sobriety. I would quickly make this into a good excuse to not go back. I have also learned the truth about alcoholism, and by not getting help for my alcoholism is a matter of life and death. It is not to be dramatic, it is reality.

Having an accurate meeting directory averts getting emails and calls like this. We rely on each group to be responsible for their group's information listed on the aaminneapolis.org website meeting directory. This is also contingent on an accurate printed directory, the When & Where. We plan to print by the end of April 2022. We have been waiting for the right time when it felt right to print a new When & Where. The last printing was October 2019. The roadblock was obviously the pandemic and then the variant shutting down many groups from meeting in person. Two

years later we are seeing the light at the end of the tunnel. As of October 2021 our latest roadblock was the 114 meetings that were listed on our website as "Temporary Inactive".

Because we want to have the most accurate directory possible, we decided to see if we could connect with each of them and update as many as we could. Erin, Terri and Scott spent many hours looking for contacts, calling, leaving messages, etc. In January 2022 we got down to 45 inactive and with the counsel of the Group and Member Services Committee we decided to do an outreach and ask members to volunteer and visit one of these groups and find out once and for all if they still exist. Thanks to over ten volunteers we were able to reopen some more, delete some more and leave some as is. Whew! It has taken a lot of time and effort. We are getting closer.

Do we have the right information listed for your group? We want to help the newcomer be able to find you, where a miracle can happen.

In Love and Service

Gail S. your Office Manager

Notes from Your Board Chair:

What a great time of year it is, snows melting, birds chirping, new growth about to spring! As the snow melts it washes away all of last years mess and a clean and brighter time begins. Change of seasons can give us the feeling of a fresh start. As in nature we can do this in recovery also. Unlike in nature, in recovery there is work to be done by us individually in order to see that change. We need to see what is working and what isn't and how we can improve ourselves. Here we call that an inventory. One thing I am grateful for is that I have the Principles and Traditions of AA and incorporate them into all aspects of my life. They have kept me rooted in AA and they have helped me become a better member of society. It not always easy, and I might not like all of it, but it's not about me. Just as we do individually, we can also an inventory as a group. A good functioning group also takes an inventory. An inventory can help them see how they are functioning as a group, what they can do better, and how well they are carrying the message to newcomers.

I have heard many discussions lately that members appear to have become more relaxed and not as much involved in service, many newcomers that sobered up on Zoom don't even know much about the service opportunities. One such opportunity is answering phones at Intergroup. There are several shifts that are open for a group that is only one day a month. Another issue happening more often is, groups at times decide that they just don't need to show up. As the responsibility states," I am responsible, when anyone, anywhere reaches out for help. I always want the hand of AA to be there. And for that I am responsible". Are we living up to that?

In Service,

Cory S

Board Chair



Intergroup Board

Board Officers

Chairperson Cory S.
Co-Chairperson Mike A.
Secretary Tanya L.
Treasurer Mark M.

Board Members

Jim R. Dwight C.
Brian C. Grace C.
Dan S. John M.
Betsy G. Steve S.
Gail S. Office Manager, Ex-Officio

General Service District Board Liaisons

District 7	Dan S.
District 13	Steve S.
District 14	Grace C.
District 17	Jim R.
District 18	Dwight C.
District 19	Grace C.
District 20	Doug H.
District 21	Mike A.
District 22	Tanya L.
District 24	Brian C.
District 25	Betsy G.

Intergroup Staff

Gail S. Office Manager
Erin D. Office Assistant
Terri N. Office Assistant
Scott F. Office Assistant

Your Intergroup board meets every month at 6:30 pm on the Tuesday before the Rep's meeting in the Intergroup Office.

Articles from A.A. World Services, Inc. and The A.A. Grapevine Inc. appearing herein are reprinted with permission and are not to be considered an endorsement for Greater Minneapolis Intergroup or the MIRUS newsletter. A.A.©, Alcoholics Anonymous© and the AA Grapevine® are registered trademarks of AA World Services, Inc. and the AA Grapevine, Inc.

The MIRUS represents the experience of A.A. members. Their thoughts, expressed herein, are not to be attributed to Alcoholics Anonymous as a whole, nor does publication imply endorsement by either Alcoholics Anonymous or Greater Minneapolis Intergroup.

Minnetonka Bivd. N Sth Ave. Mizpah United Church Of Christ

NOTICE

The Intergroup Rep Meeting will be held at Mitzpah UCC 412 5th Ave N. Hopkins, MN 55343 This is a HYBRID meeting. Thursday, April 28th at 6:30pm

Metro District General Service Meetings

District 7 Second Monday, 6:30 pm Zoom Meeting ID: 379-996-391 Dial in: 646-558-8656, 379996391#

District 13 First Tuesday, 7:00 pm
United Methodist Church
10506 Hanson Blvd. N.W., Coon Rapids, MN 55433

District 14 First Monday, 7:30 pm
United Methodist Church

609 8th St NW, Buffalo, MN 55313

District 17 Second Tuesday, 7:30 pm Lighthouse Assembly of God 10478 Bell Ave., Plato, MN 55370

District 18 Second Thursday, 6:30 pm Meeting on Zoom

Please email dist18@area36.org for info

District 19 Second Wednesday, 7:00 pm Rosemount Community Center, Room 210 13885 S. Robert Tr., Rosemount, MN 55068

District 20 Fourth Tuesday, 7:00 pm
Twin Lake Alano Club
4938 Brooklyn Blvd., Brooklyn Center, MN 55429

District 21 Second Tuesday, 7:00 pm
Pilgrim United Methodist Church
4325 Zachary Lane, Plymouth, MN 55442

District 22 Second Wednesday, 7:00 pm Mizpah United Church of Christ 412 5th Ave N. Hopkins, MN .

District 24 First Wednesday, 6:30 pm Zoom Meeting ID: 886 6871 6747 No Password

District 25 Second Wednesday, 7:30 pm Woodlake Lutheran Church 2120 W 76th St., Richfield, MN 55423

Intergroup A.A. Orientation Open Meetings

The Saturday Orientation Open Meeting takes place every week at 10 A.M. In person at Mizpah United Church of Christ 412 5th Ave N. Hopkins, MN

4/23 Staying Away from the First Drink

His Story

4/30 Step Two / Tradition Two Her Story

Twelve Concepts for World Service, written by Bill W. in 1962

Concept IV - "At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge."

Participation is defined as the action of taking part in something. In Alcoholics Anonymous we value participation at all levels. But there are 135 people that participate in voting to make decisions for A.A. They include 93 delegates, 15 General Service Office staff members, and 21 trustees. The trustees are broken down into 7 non-alcoholics and 14 alcoholics. Each vote carries the same weight as any other. Each voter brings a unique perspective based on their role in our structure and the experience, strength, and hope that it gives them.

A.A. members do not get to vote or participate in person at the Conference. The delegate has that role. But there are ways that each A.A. member can participate.

Here in the West Central Region A.A. members are invited to share their voice at the West Central Regional Service Conference. This is an annual event that rotates around the region, so it is only in our area every eight years. This year it was in St. Louis Park. We had 438 people participate in the process of learning and sharing about the agenda items that will be addressed by members of the General Service Conference in April. If you or your General Service Representative were not able to make it this year, plan to attend next year in Nebraska.

Another way to participate in the process here in Southern Minnesota is by attending the Delegate's Workshop on April 2. This is an event where GSRs and members here in Area 36 can come together and share their feedback on agenda items with the delegate. Please plan to join us at the Rosemount Community Center.

In service,

Stacy M.
Delegate, Panel 71

Please contact Minneapolis Intergroup Staff with any group updates or meeting changes.

Help us keep an accurate updated meeting list of both in person and online meetings so the newcomer can find us.

952-922-0880



Saturday, April 2nd, 2022 6:30pm - 12:00am

Minneapolis Convention Center

1301 Second Avenue South, Minneapolis Ballroom A-Across from Dunn Bros

Al-Anon Speaker, Sherry G.S, Bloomington, MN
AA Speaker, Jeff V., Fargo, N.D.

(Speakers ASL Interpreted)

About Intergroup/Volunteer Countdown/Sobriety
Countdown/Area 36 Service Committees Info
Tables/DI and Dance/Photo Booth

*Tickets: \$12.00 in advance/\$15 at the door

Available at the Intergroup Office and IG Representatives

*This Intergroup event is self-supporting through the sale of tickets

Minneapolis Intergroup -7204 W 27th Street Suite 113 - St Louis Park MN 55426 952.922.0880 aaminneapolis.org

You know you're an

...your wife tells you to take out the garbage, and she means you



Yes! Let's Celebrate My Sobriety Birthday!

Send contributions to:

Minneapolis Intergroup 7204 West 27th Street, Suite 113 St. Louis Park, MN 55426-3112

General Service Office

P.O. Box 459 Grand Central Station New York, NY 10163

Area Assembly P.O. Box 2812 Minneapolis, MN 55402

District

Ask your GSR or contact Intergroup for District mailing information

Bill W. wrote of our service entities, "Though not costly, these agencies are absolutely essential to our continued expansion—to our survival as a Fellowship. Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to a recognition on our part that AA. must everywhere function in full strength—and that, under our Tradition of self-support, we are all going to foot the bill."

"Self-Support: Where Money and Spirituality Mix" pamphlet
Reprinted with permission of A.A..W.S., Inc.

Minneapolis Intergroup thanks you for your generous support!

OFFICE HOURS:

M-W-F: 9:00am - 4:30pm T&Th: 9:00am - 7:00pm Sat: 9:00am - 1:00pm

HOTLINE NUMBER: 952-922-0880

ANSWERED 24 HRS A DAY

E-MAIL CONTACT: info@aaminneapolis.org
ANSWERED DURING OFFICE HOURS

MEETING INFORMATION: www.aaminneapolis.org

Intergroup Association of Minneapolis and Suburban Area, Inc.

7204 West 27th Street, Suite 113
St. Louis Park, Minnesota 55426-3112
Phone 952-922-0880 | Fax 952-922-1061
www.aaminneapolis.org
info@aaminneapolis.org

The Birthday Plan

"Why should not each of us tell himself: 'Yes, we were once a burden on everybody. We were takers.' Now that we are sober, and by the grace of God have become responsible citizens of the world, why shouldn't we now about-face and become 'thankful givers'! Yes, it is high time we did."

Bill W., Language of the Heart, p. 86 originally published in the April 1958 Grapevine

reprinted with permission of The A.A. Grapevine, Inc.

What is the Birthday Plan?

In grateful celebration of their sobriety birthdays, many A.A. members contribute one dollar or more for each year of sobriety to any or all of our four service entities; the local Intergroup, District, Area Assembly, and General Service Office.

Every A.A. service is designed to help carry the A.A. message to the alcoholic who still suffers. Your Birthday Plan contributions* help make our vital services possible.

"When we meet and defeat the temptation to take large gifts, we are being prudent. But when we are generous with the hat, we give a token that we are grateful for our blessing and evidence that we are eager to share what we have found with all those who still suffer."

Bill W., Language of the Heart

* Contributions are limited to \$5,000 per member per year† and are tax deductible under Internal Revenue Code \$501(3)(c).

† Page 9—Self-Support Pamphlet

Minneapolis Intergroup provides the following "Vital Services" to all A.A. groups and their members:

- Answer Phones 24 Hours a Day
- Information & A.A. Meeting Location Calls
- A.A. 12-Step Calls
- AA. Literature—English & Spanish
- A.A. Grapevine Publications
- A.A. Orientation Meeting
- A.A. Group Evening Phone Answering
- ✓ MIRUS Newsletter...the Shared Voice of IG
- Public Information/CPC Resource
- Intergroup Information Committee
- Intergroup Sponsored Events
- Meeting Directories
- Daytime Office Volunteers
- ✓ Night Owl/Early Bird Phone Committee
- Cooperation with Outside Agencies
- Web Site—Meetings Updated Weekly
- Special Event Information

Your Birthday Plan contributions to Minneapolis Intergroup go directly to supporting these services!

Yes! Let's Celebrate My Sobriety Birthday!

Some members attribute their birthday contribution to their home group.

If you make note of your home group's name along with your Birthday contribution, Minneapolis Intergroup will list your group in the monthly newsletter, the MIRUS. Also, a receipt and 'thank you' letter will be sent to your group.

For the General Service Office (GSO), note the Group Number with your contribution. Ask GSO or your General Service Representative (GSR) for details.

See reverse page for mailing addresses to the service entities

"Every A.A. wants to make sure of his survival from alcoholism, and his spiritual well-being afterward." Bill W., Language of the Heart, p. 166 originally published in the April 1958 Grapevine

The Twelve Traditions - How They Apply In Our Lives

From the Traditions Checklist

Tradition Four: Each group should be autonomous except in matters affecting other groups or AA as a whole.

- Do I insist that there are only a few right ways of doing things in AA?
- Does my group always consider the welfare of the rest of AA? Of nearby groups? Of loners in Alaska? Of internationalists miles from port? Of a group in Rome or El Salvador?
- Do I put down other members' behavior when it is different from mine, or do I learn from it?
- Do I always bear in mind that, to those outsiders who know I am in AA, I may to some extent represent our entire beloved Fellowship?
- Am I willing to help a newcomer go to any lengths his lengths, not mine - to stay sober?
- Do I share my knowledge of AA tools with other members who may not have heard of them?

Copyright © A.A. Grapevine, Inc. Reprinted with permission. Permission to reprint

The A.A. Grapevine copyrighted material in the MIRUS newsletter or Greater Minneapolis

Intergroup does not in any way imply affiliation with or endorsement by either Alcoholics Anonymous or the A.A. Grapevine, Inc. need an a/coholic And fearless moral inventory of ourselves

PLEASE POST ON BULLETIN BOARD "Rocketed Into a 4th Dimension!" **GOPHER STATE ROUNDUP XLIV** May 27th, 28th, and 29th, 2022 Activities and Accommodations at: DoubleTree by Hilton Hotel, Highway 100 & 494, Bloomington, MN MEETINGS • SPEAKERS • FELLOWSHIP • HOSPITALITY ROOMS • A.A. FILMS REGISTRATION - \$30.00 Contribution (ages 13 & over) Scholarships available onsite Visit www.gopherstateroundup.org for registration Guaranteed Special Room Rates
Register early for the best rate. Details at
www.gonherstateroundun.org
or directly with DoubleTree by Hilton at 800-222-8733. FRIDAY, MAY 27th
7:30 PM Clif G., A.A., Oklahoma City, OK
10:00 PM Jack W., A.A., Carbondale, CO Mention Gopher State Roundup for a special rate. SATURDAY, MAY 28th Y, MAY 28th Rick J., Al-Anon, Ontario, CA Deborah K., A.A., Durham, NC Lynda B., Al-Anon, St. Paul, Bill D., A.A. Detroit, MI Bob B., A.A., St. Paul, MN Micki B., A.A., Austin, TX Gopher State Roundup is a special A.A. conference with Al-Anon participation.
Gopher State Roundup is self-supporting.
No contributions from A.A. groups are used to pay for this event.
Expenses such as hotel fees, travel & lodging for the speakers, and printed material are paid through registration fees.
No baskets are passed during this event. 9:30 AM 11:30 AM 2:00 PM 4:00 PM

Gopher State Roundup Request for Volunteers

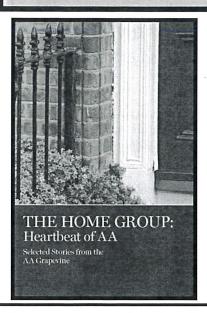
10:00 PM

SUNDAY, MAY 29th 10:00 AM Bill C., A.A., Naples, FL

VOLUNTEERS NEEDED				
Gopher State Roundup 2022, which will be held over Memorial Day weekend May 27, 28, 29, 2022, takes an incredible amount of work to make it the exciting spiritual weekend that it is. If you would like to become a part of making it all happen, just check the committee you would like to work on and return the form to the address listed below. You will be contacted for your assignment as the Roundup date nears.				
I would like to work on the following committee:				
Greeters Ushers Registration Tickets				
Chair Room to Grow Staff Information Booth Security				
Al-Anon				
Name				
Address				
City, State, ZIPe-mail				
Phone Number with Area Code				
Please return completed form to:				
Gopher State Roundup P.O. Box 390533 Minneapolis, MN 55439-2026 -or- Complete electronically at gopherstateroundup.org				

Grapevine Book of the Month:

The Home Group: Heartbeat of A.A.



Faith Leaders Ask About **Alcoholics** Anonymous

A.A. Pamphlet of the Month: Faith Leaders Ask About Alcoholics Anonymous

AA Book of the Month: A.A. Fact File



Alcoholics Anonymous "Big Book" Quotes

Unonymous "This was step Four. A business which takes no regular inventory usually goes broke. Taking commercial inventory is a fact-finding and fact-facing process. It is an effort to discover the truth about the stock-in-trade. One object is to disclose damage or unsalable goods, to get rid of them promptly and without regret. If the owner of the business is to be successful, he cannot fool himself about values. We did exactly the same thing with ourselves. We took stock honestly. First, we searched out the flaws in our make-up which caused our failure. Being convinced that self, manifested in various ways, was what had defeated us, we considered its common manifestations." Page 64

Group Contributions - February 2022 Thank you all, in the Spirit of Hope.

Andover Alano - Squad 11 Basic 12 Group

Basic Principles Big Book and Meditation at Peace

Breakfast Club-Saturday A.M. By The Book AA

Blaine Central Alano

Cavalier West Thursday Night Men's

Clay City AA

Common Solution Big Book Study

Crushed Grapes District 19

Excelsior Wednesday Night Group Fourth Dimension AA Group

Golden Valley Group Groveland Group Squad 49

Happy Destiny Hit Squad - H-2

Hope's on Penn Hopkins Friends Group I'll Quit Monday Big Book

It Might Have Been Worse Joe and Charlie Big Book Meeting

Kenwood Group Kozy's Noon Men's AA Lakers AA GROW Group Meditation At Peace

New Hope Alano Squad 36

Pax Christi Thursday Night

Sunrisers (Thursdays) Temple Wed. AA Group

Plymouth 2 Monday Night Group Rich/Blmngtn Alano Sun Speaker Ridge Runners II Group

Rojo Group Rule 62 Cavalier Saturday Morning Fever Saturday Night Live Group Senior Men's Barn Group Suburban North Alano Squad 86 Sunday Morning A.M. Group Prior Lake Sunday Morning AA Relapse Prevention

Sunday Night AA Group in Buffalo Sunlight of the Spirit

The Becker Group The Way Out Big Book Third Tradition Group of AA Northfield Three Legacies Thursday Night Women's Group Tonka Alano Society Tradition Three AA at St. Joseph Church Up the Creek Big Book Group Watertown AA Group Women of Hope Women on the Wagon-WOW

alcoholics

Every AA group that sends a contribution is sent a receipt along with a "Thank You" letter from the office. It is the responsibility of the group treasurer or trusted servant to share the receipt and "Thank You" letter with their respective group. Every AA group that

Group Contributions/Birthday Plan** February 2022 Minnetonka Big Book ,It Might Have Been Worse, First Class, Lakers Friday 6:30pm

^{*}On their sobriety birthday, many AA members contribute one dollar or more for each year of sobriety to any or all of our four service entities; District, Area Assembly, the General Service Office and the local Intergroup. Some members attribute their birthday contribution to their home group. Those groups receive a receipt and "Thank You" letter from the office and are listed in the MIRUS.

Calendar of Events Open Speaker Meetings

Thursday:

Central Pacific Group, 7:30 PM Zoom Meeting ID:135 964 753 Password: 083951 or dial: +1 (312) 626-6799, 135964753# 083951#

Foxhall Chapter 7 Group, 7:30 PM Hybrid Meeting Email for Zoom info foxhallchapter7@gmail.com Gethsemane Lutheran Church 715 Minnetonka Mills Rd. Hopkins, MN 55343

Friday:

From the Heart Open Speaker Meeting, 7:00 PM St. Paul's Church of Christ 201 Buffalo St. Delano, MN 55328

Three Legacies, 7:30 PM Zoom Meeting ID 88138339810 Password: 3Legacies or dial: (312)626-6799 88138339810# 3legacies#

Saturday:

A.A. Orientation Meeting 10:00 AM Mizpah United Church of Christ 412 5th Ave N Hopkins, MN 55343

<u>Saturday Night Open Speaker Meeting</u>, 8:00 PM 2218 1st Ave. S., Minneapolis

Sunday:

Open Speaker Meeting, 11:00 AM Richfield Bloomington Alano 9321 Bryant Ave. S., Bloomington

> Minnetonka Big Book Study Group of Alcoholics Anonymous

> > presents its

28th Annual Serenity Breakfast Sunday May 22, 2022

at the Minnetonka Community Center 14600 Minnetonka Blvd ~ Minnetonka, MN 55345



Guest AA Speaker Beth H. from Destin, FL

See

Speaker will be ASL interpreted

Breakfast: 8:00 am to 10:25 am Speaker Meeting: 10:30 am to Noon

Only \$10.00 in advance \sim \$15.00 at the door (Speaker only = Seventh Tradition)



April 22nd, 23rd, 24th

28th Sunlight of the Spirit Weekend Best Western, Fairmont, MN Email: sotsweekend@gmail.com See flyer on event calendar at aaminneapolis.org

May 6th, 7th, 8th

50th Annual Iron Range Get-Together Grand Rapids, MN Contact: Jack 218.341.7367 or Jake 218.263.1510

May 14th

St. Cloud Roundup City of Hope Church www.stcloudroundup.org

General Service Announcements April 2nd

Area Assembly/Delegates Workshop 9:00 am to 5:00 pm Rosemount Community Center 13885 South Robert Trail (Banquet Room)

April 24-30th

71st Annual General Service Conference Brooklyn Marriott at the Bridge Brooklyn, New York

May 7th

Area 36 Committee Meeting Committees 9:30am-11:30am GSR/Alts 10:30am-11:30am optional Area Committee 12:30pm-5:00pm

Most Area 36 events have a map on how to find the location @ www.area36.org. Open Speaker Meetings are listed for the convenience of members who wish to bring newcomers and non-alcoholic friends. Listing in the Mirus should not be construed as any endorsement on the part of Minneapolis Intergroup. Call Intergroup if you need directions to any of these Open Speaker Meetings. Roundups, Workshops and Special Events are not endorsed by Minneapolis Intergroup and listings are provided for informational purposes only. Flyers for these events are available at the office.

INTERGROUP ASSOCIATION 7204 W. 27th St., Suite 113 St. Louis Park, MN. 55426

Change Service Requested



NON—PROFIT ORGANIZATION U.S. Postage

PAID

Permit No. 416 Hopkins, MN

Annu	ual MIRUS subscrip	ption: \$10 by mail, or \$	5 via email.
Please ma	ake checks payable	e to Intergroup Associa	tion and send to:
72	204 West 27th Street-S	uite 113 St. Louis Park, MN 5	5426-3112
Please print:	New O	Renew O	
Name			
Address			
City		State	Zip
Email Addres	SS		