

MIRUS

Minneapolis Intergroup: Recovery, Unity, Service

July 2021 *Step, Tradition, and Concept Seven*

Step Seven

"Humbly asked Him to remove our shortcomings."

Humility. For me humility is the most important thing to keep in mind when doing step 7. After I do my best to do a searching and fearless moral inventory in steps 4 and 5, I am able to see where my character defects come up and how my fears impact how those defects show up in my resentments and actions. In step 6 I ask for the willingness to have those removed. Then comes step 7.

There are certain defects I still love and want to hold on to sometimes. I still love to be judgmental at times, to be selfish, self-centered. Sometimes I'd rather let my ego get big and take up the whole room. This is why I first ask for willingness to have them removed in step 6 and why I practice step 7 as humbly as I possibly can.

To truly go about it humbly, I need my higher power's help. I say the 7th step prayer several times when doing step 7: "My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen".

I know that when I'm living in my defects, I'm not being of maximum service to my higher power and to my fellows. How can I help the next still suffering alcoholic if all I'm doing is judging them? It would also be next to impossible for me to do an honest 8th step list and fully be able to make genuine amends in step 9 without first fully examining my defects of character and having them removed as much as they can be. If my ego is still huge I'll have a hard time seeing where I was in the wrong and actually admitting that. This is why I have to look at my defects first.

After working step 7 a many times over my years of sobriety I can now say it's one of my favorite steps! I've been able to remove some of my defects of character and shortcomings, and I've found that the defects I haven't been able to fully get rid of yet, are a lot less glaring.

When I was drinking I was completely unable to see outside of myself. I lashed out, I thought I was better than everyone else in the room, while at the same time feeling like the worst person on the planet and throwing myself a pity party. And I blamed others for my shortcomings. Now that I'm sober I'm able to take accountability, look people in the eye and treat them with compassion, and I no longer feel the need to lie, cheat, or steal.

Now don't get me wrong, I am by no means perfect. Nor do I work step 7 or the rest of the steps perfectly. But that's why I continue to work the steps again and again. So that I can see the holes in my program and try my best to fill them. And that's why I maintain a conscious contact with a power greater than myself. I can't do this program alone. Whenever I see my defects come up in day to day life - for example when someone cuts me off in traffic and I start to get angry, or I see myself start to act arrogantly - I pray for my higher power to relieve me of that. And oftentimes it works! I can see my defects shining through a little bit dimmer than before. And relying on God to do that for me helps me to stay humble and right sized. And that for me is the biggest thing I get from working step 7!

Lane K., Minneapolis



Greater Minneapolis Intergroup • Alcoholics Anonymous®

7204 W. 27th St., Suite 113 • St. Louis Park, MN 55426-3112 • 952-922-0880 • www.aaminneapolis.org • email: info@aaminneapolis.org

OFFICE HOURS: Monday through Friday 9 am-4:30 pm • Saturday 9 am-1 pm

Notes from your Service Office:

The General Service Theme for 2021 is:

“Practicing A.A.’s Spiritual Principles in a Changing World.”

Happy summer! Yes, it is really happening. We are seeing people’s faces, sometimes for the first time ever. We may even be getting a hug or two or twenty and meeting in person, not on a screen on a computer. I am not sure if I am to say congratulations or hallelujah.

Meetings are changing daily. Some groups are reopening to meet in person and cancelling their zoom. Some are reopening in person but incorporating zoom to make it a hybrid meeting. Which means meeting in person and zoom going on at the same time, together.

We honestly thought zoom meetings were a temporary alternative until we could get back to meeting in person. Not so. They may be here to stay. For that reason and requests from the fellowship, we made changes to the meeting directory. If you have an online meeting it will now be listed below your inperson meeting information. Both are on the same page. The great part about this is that if a group has an online meeting it will download to the “Meeting Guide” app. Both in person and online information will be seen.

Now to see if a meeting is still temporarily closed you will need to click on the name of the meeting to see the details. It will be listed with the meeting types, like open or closed. It is no longer in red. The program defaults to say, “Online meeting”, next to the meetings name (in green lettering). If you require someone to email your group to get the meeting ID and password, this information will be posted in the “meeting notes” under your groups details.

There will still be a separate page for some online meetings. Some groups created additional zoom meetings on other days than the home group day. And we have a few that we posted that are from out of the area and only on zoom.

Any questions call the staff at the Intergroup Office.

In Love and Service,

Gail S., Your Office Manager

Notes from Your Board Chair:

Summer is upon us in full force. As I write this we have had a very long stretch of HOT days! I hope you are staying cool and connected with your recovery community. On August 14 from 9-1pm we will have our annual Unity Open House. We will have donuts, hotdogs, coffee, lemonade and of course fun and games for the whole family. You can purchase literature and we will have information tables to find out more about Intergroup. Please join us for an opportunity to see all of your AA friends in person!

I have been pleased to see the continued support of so many AA groups represented at our monthly Intergroup Meetings. Hopefully we will be together in person soon? We have continued to share with each other the challenges, joys and successes of meeting via zoom. The hot topic now is reopening and hybrid meetings. We had two informative presenters last month and they shared about just that with some valuable tips and information. It is changing daily and we are now beginning to move towards a pre covid world. You are welcome to join us as an Intergroup Rep or just as a fellow AA member on the 4th Thursday of each month at 6:30pm. We are currently on zoom. Anyone may attend to find out more about our many services and volunteer opportunities. We welcome new representatives! Please contact staff at Minneapolis Intergroup if you are a new IG representative or if you would like more information.

As I am entering my last quarter of my board commitment I have been reflecting on my service with Intergroup. The many new people I have met, the endless service commitments, the many volunteers, how much happens in a day or a week at IG, our wonderful staff and efficient manager. It truly takes a

village to keep Intergroup functioning, healthy and providing recovery to our AA community. I have been humbled by this opportunity. I encourage everyone to consider serving on our Intergroup Board. We have elections every September at our monthly Intergroup Representative’s meeting. It is a three-year commitment and requires a minimum of 5 years of sobriety. Our Minneapolis Intergroup office is busy carrying the message of recovery, unity and service and offers many volunteer opportunities to all who would like to be of service. Best of all you will be right in the middle of Alcoholics Anonymous strengthening your sobriety and you will make so many new friends! Please reach out to any of our board members or contact IG if you are interested or have questions. You can access a Board Resume at aaminneapolis.org and click on About Intergroup.

Are you or your group looking for a service commitment? We have several open group phone answering commitments. We need your help! We Please call Intergroup or just stop by and talk with a staff member about the open time commitments. You can also complete a “Contribute your time” form at aaminneapolis.org and click on About Intergroup.

As the weather warms up and covid restrictions loosen **please** remember to update Intergroup with any meeting changes. We want our website to be current and accurate for all who need a meeting, especially the newcomer!

Grateful for the opportunity!

Deb W., Your Board Chair

Intergroup Board

Board Officers

Chairperson	Deb W.
Co-Chairperson	Cory S.
Secretary	Natalie N.
Treasurer	Dwight C.

Board Members

Mark M.	Mike H.
Brian C.	Patti P.
Dan S.	Mike A.
Tanya L.	Betsy G.
Gail S.	Office Manager, Ex-Officio

General Service District Board Liaisons

District 7	Mike H.
District 13	Patti P.
District 14	Mark M.
District 17	Mike A.
District 18	Tanya L.
District 19	Betsy G.
District 20	Brad R.
District 21	Natalie N.
District 22	Brian C.
District 24	Cory S.
District 25	Dan S.

Intergroup Staff

Gail S.	Office Manager
Erin D.	Office Assistant
Terri N.	Office Assistant
Scott F.	Office Assistant
Thomas D.	Office Assistant

Your Intergroup board meets every month at 6:30 pm on the Tuesday before the Rep's meeting in the Intergroup Office.

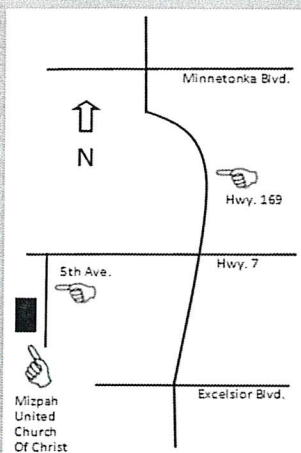
Metro District General Service Meetings

District 7	Second Monday, 6:30 pm Zoom Meeting ID: 379-996-391 Dial in: 646-558-8656, 379996391#
District 13	First Tuesday, 7:00 pm United Methodist Church 10506 Hanson Blvd. N.W., Coon Rapids, MN 55433
District 14	First Monday, 7:30 pm United Methodist Church 609 8th St NW, Buffalo, MN 55313
District 17	Second Tuesday, 7:30 pm Lighthouse Assembly of God 10478 Bell Ave., Plato, MN 55370
District 18	Second Thursday, 6:30 pm Plymouth Congregational Church 1900 Nicollet Ave. S., Minneapolis, MN 55403
District 19	Second Wednesday, 7:00 pm Rosemount Community Center, Room 210 13885 S. Robert Tr., Rosemount, MN 55068
District 20	Fourth Tuesday, 7:00 pm Twin Lake Alano Club 4938 Brooklyn Blvd., Brooklyn Center, MN 55429
District 21	Second Tuesday, 7:30 pm Pilgrim United Methodist Church 4325 Zachary Lane, Plymouth, MN 55442
District 22	Second Wednesday, 7:00 pm Zoom ID: 884 4508 2151 Password is D22.
District 24	First Wednesday, 6:30 pm Zoom Meeting ID : 886 6871 6747 No Password
District 25	Second Wednesday, 7:30 pm Woodlake Lutheran Church 2120 W 76th St., Richfield, MN 55423

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The MIRUS represents the experience of A.A. members. Their thoughts, expressed herein, are not to be attributed to Alcoholics Anonymous as a whole, nor does publication imply endorsement by either Alcoholics Anonymous or Greater Minneapolis Intergroup.

NOTICE • NOTICE



The Intergroup Rep Meeting will be held at Mitzpah UCC 412 5th Ave N. Hopkins, MN 55343
The next meeting is IN PERSON
Thursday, July 22nd at 6:30pm

Intergroup A.A. Orientation Open Meetings

The Saturday Orientation Open Meeting takes place every week at 10 A.M. Temporarily meeting online with Zoom meeting ID: 740 667 236 Password:506032 or dial: +1 (312) 626-6799 and enter meeting ID: 740 667 236 # Password:506032

- 7/3 What are A.A.'s Three Legacies?
His Story
- 7/10 Step Five/ Tradition Five
Her Story
- 7/17 The History of A.A. & Its Founders
His Story
- 7/24 Step Six/ Tradition Six
Her Story
- 7/31 A.A. Literature—The A.A. Grapevine
His Story

Twelve Concepts for World Service, written by Bill W. in 1962

Concept VII:

Short Form: *The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the A.A. purse for its final effectiveness.*

The key to understanding this concept is to recognize that we are different from most other entities. There are legal aspects to how we function in the world. That is why we have a Board of Trustees that oversee our affairs and have legal rights and obligations. However, we are a spiritual society that operates under spiritual principles. We do not transact business the way other entities do. We place greater emphasis on the actions of the Conference—a body without legal power—than on our Board. It is another paradox in Alcoholics Anonymous. There are several principles at play in Concept 7. The first is balance of power. The Trustees have some power, and the Conference has some power. Legally speaking, the Trustees have the legal power to conduct our world service affairs. They are delegated the ability and discretion to keep our world services functioning under the Charter and Bylaws of the General Service Board. Their legal authority is complete. But they are not compelled to use it and historically they rely on the advice and direction of the Conference. The Conference, on the other hand, maintains practical and traditional power. The annual conference makes decisions on behalf of Alcoholics Anonymous that direct the Trustees on how to conduct our affairs. The Trustees take that advice and direction and put it into action.

The power remains balanced, and our process works because of the rest of the principles found in this Concept—trust, brotherly love, acceptance, and humility. It works because we are a spiritual society. We place tremendous value on our Traditions. The membership trusts the Conference. Everyone who serves at this level wants what is best for A.A. There might be disagreement about what is best, but we have a common goal. Our traditions guide us to extend brotherly love to those who serve us when we interact with each other. That includes when we perceive a mistake has been made. Rather than throwing people under the proverbial bus, we seek to understand and provide a different perspective or guidance as we see fit. And our tradition is to be open to differing perspectives or guidance! The group conscience provides opportunities to practice acceptance. When the group

conscience speaks, it is our spiritual practice to act on and be supportive of that group conscience. And finally, we practice humility in our affairs. Each trusted servant plays only a limited role in the ongoing success or failure of any decision made on behalf of Alcoholics Anonymous. We are in this together. If a decision later becomes clear to not be in the best interests of A.A. we can make a different decision.

I hope to see you at the upcoming Intergroup Rep's meeting where I will be making my report on this year's annual conference. It might provide more insight into Concept 7.

Stacy M., Delegate

Area 36, Panel 71



Founder's Day Weekend 2021 November 26, 27 and 28, 2021 Celebrating 81 Years of AA in the Upper Midwest and Honoring AA Members With One Year of Sobriety!

Register Online at: [www.FOUNDERSDayMN.org](http://wwwFOUNDERSDayMN.org)

Friday, November 26
4:00 PM Registration Opens
7:00 PM History of AA and Al-Anon in the Upper Midwest
9:00 PM *AA Speaker:
Paul G. (Brecksville, OH)

Saturday, November 27
10:30 AM Panel of Weekend Speakers
1:00 PM AA Open Call-Up Meeting
1:00 PM Al-Anon Open Meeting
3:00 PM *Al-Anon Speaker:
Beverly B. (Louisville, TX)
6:00 PM Banquet
7:30 PM *AA Speaker:
Patt O. (Los Angeles, CA)
9:00 PM Dance

Sunday, November 28
10:00 AM AA Speaker:
Christina G. (Brecksville, OH)

*These meetings are ASL Interpreted

Pre-Registration \$20.00
At the Door \$25.00
Registration required and must be paid to attend Founder's Day Weekend events.

Banquet (Limited Seating) \$45.00
The Banquet begins at 6:00 PM Saturday evening.

Archive Room
Friday
Saturday
Sunday until 10:00 AM

Founder's Day Weekend Dance
Saturday 9:00 PM

Activities and Accommodations at
DoubleTree by Hilton Bloomington - Minneapolis South - Bloomington, MN
7800 Normandale Blvd, Bloomington, MN 55439 • 952.835.7800 or 800.222.8733

Special Room Rates are available with early reservations.
Please make reservations directly with the DoubleTree by Hilton Bloomington Hotel.
Indicate they are for Founder's Day Weekend.

Service Opportunity

Consider Serving Your Intergroup Office

Greater Minneapolis Intergroup

2021 Board Candidate Resume Form
Review Page 2 for Pertinent Information

Name:	
Address:	
Work Phone:	Home Phone:
Fax:	Email
Sobriety Date:	Home Group:
Education:	
Current AA Activities:	
Past AA Activities:	
Current & Past Activities Outside AA Including other boards you may have served on	
Occupational Background	

Greater Minneapolis Intergroup
7204 W. 27th Street – Suite 113
St. Louis Park, MN 55426-3112
Fax: 952.922.1061 Email: info@aaminneapolis.org

Please review all information listed below

- Submissions due at Intergroup Office by September 9th.
- In accordance with the IG by-laws all candidate resumes should be submitted to the Intergroup Office 10 Business Days prior to elections. **Nominations will also be accepted from the floor on the night of election.**
- Annual Elections, Thursday, September 23, 2021 – 6:30PM
- Because of the time commitment, it is suggested that you discuss this service opportunity with your family and AA sponsor. (10-12 hours per month)
- You will be expected to; attend all Board and Rep meetings, attend a monthly General Service District meeting, serve on a Board sub committee, participate in functions that are sponsored by Greater Minneapolis Intergroup.
- Your Home Group should be located within the confines of the Metro Minneapolis Suburban Area.
- The Intergroup by-laws require each candidate to have 5 years of continuous sobriety on the date the election is held.
- A business background can be helpful. However experience at your Home Group, Intergroup, or General Service brings value to the mission of Greater Minneapolis Intergroup.
- No more than (2) two members from the same Home Group can serve on the board at the same time.
- As an elected board member you are serving all the groups in the greater Minneapolis AA community not just your AA Home Group.
- The AA 3rd Legacy procedure is the voting process used for our annual election.
- There are (4) four (3) three year term openings. Term begins October 1, 2021 and ends September 30, 2024.
- Minneapolis Intergroup is a non-profit Minnesota Corporation 501(c) (3) and is subject to all State and Federal laws.
- The IG by-laws require that copies of all submitted resumes be sent to the Intergroup Representatives of record by U.S. Mail 7 business days prior to the annual election.
- The Board elections are held annually at the Intergroup Representatives meeting, the 4th Thursday in September.
- Location: Mizpah United Church of Christ, 412 5th Ave North, Hopkins, MN 55343
- Reps meeting and annual elections begin at 6:30PM.

For directions see map in current MIRUS or on our website, www.aaminneapolis.org.

The Twelve Traditions - How They Apply In Our Lives

TRADITION SEVEN

"Every A.A. group ought to be fully self-supporting, declining outside contributions."

It is a privilege that I was asked to write a little on the 7th tradition. "Every AA group ought to be fully self supporting declining outside contributions."

I was very new in sobriety when my sponsor began to teach me about this tradition. In our area there was an up heaval about a family member who passed and bequeathed to our district a large amount of money. Some members excitedly made plans on how this money could be spent to help the still suffering alcoholic while others held up this tradition saying we should decline the gift. The lively debate was on. Finally after much debate and a couple of months the 7th traditon won out and the gift was declined. As I sat on the sidelines and watched the drama play out my sponsor shared a little on the history of this tradition and how important it is to remain self sufficient and not accept outside donations. If interested there is much written about the 7th tradition in Twelve Steps and Twelve Tradition, Alcoholics Comes of Age, and the book Alcoholics Anonymous.

I began to start to apply this tradtion in my personal life as well. I got a job, started paying my rent (stopped borrowing from friends and family), started paying my bills on time and began to make payments on debts. What a new freedom I began to experience no longer having to avoid answering the phone and opening the mail.

The next big growth I made in practicing this tradition was in my emotional sobriety. I stopped expecting others to make me happy or blaming them for my unhappiness. I began a whole new journey in taking actions that padded my emotional bank account. I discovered yet a new freedom. Just like the financial freedom I found from creditors, I no longer am a victim. I am free to pursue joy and happiness.

I hope these few lines have piqued some questions and will encourage a little further investigation of tradition 7. AA literature and fellow AA members are rich with information.

Renata M. Richfield

**MINNEAPOLIS INTERGROUP
12 Step Service Opportunity**

**GROUP PHONE
COMMITMENTS
OPEN**

1st Wednesday 7-9:30pm

2nd Thursday 7-9:30pm

2nd Saturday 12:45-3:15pm

4th Saturday 12:45-3:15pm

**IF INTERESTED
STOP BY OR CALL INTERGROUP STAFF
(952) 922-0880**



FROM MINNEAPOLIS INTERGROUP TO THE AA GROUPS IN MINNEAPOLIS AND SUBURBAN CITIES

We are hopeful in the coming months ahead the Minnesota Health Dept. safety guidelines and Minnesota State mandates lessen to allow us to go back to meeting in person.

**WE NEED YOUR HELP IN KEEPING THE
AAMINNEAPOLIS.ORG WEBSITE UP TO DATE AND
TO BE AS ACCURATE AS POSSIBLE FOR THOSE IN
NEED OF A MEETING TO FIND YOU.**

Look up your meeting on the website to see what is listed. Is there anything to change or add? Let us know by:

Email to – staff@aaminneapolis.org

or

Call and ask for Staff during office hours – 952-922-0880

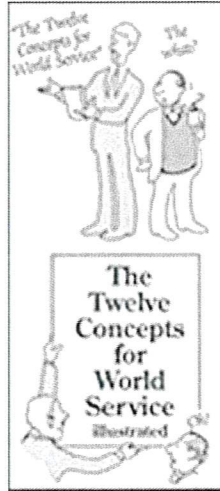
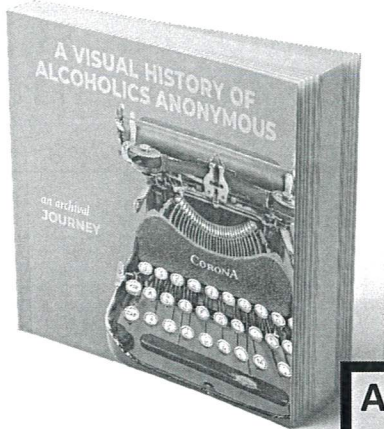
OUTSIDE MEETINGS

If you group starts meeting outside for the summer months and you want others to know, contact the Staff at Intergroup. We can add "Outside" to your groups' information.

All groups that are meetings outside can be found by anyone entering "outside" in the first search box on the meeting directory.

AA Book of the Month:

A Visual History of Alcoholics Anonymous

**Grapevine Book of the Month:**

Take Me To Your Sponsor

**A.A. Pamphlet of the Month:**

The Twelve Concepts for World Service illustrated

REGULAR HOURS RESUMEDThe coffee is always on,
we'd love to see you!

Monday 9 a.m.—4:30 p.m.
 Tuesday 9 a.m.—7:00 p.m.
 Wednesday 9 a.m.—4:30 p.m.
 Thursday 9 a.m.—7:00 p.m.
 Friday 9 a.m.— 4:30 p.m.
 Saturday 9 a.m.— 1:00 p.m.

Minneapolis Intergroup Office
 will be closed on Monday
July 5th, 2021 in observance of
Independence day.

Group Contributions - May 2021 Thank you all, in the Spirit of Hope.

A Vision for You
 Andover Alano - Squad 11
 Annandale Lakers
 Back to Basics, Friday 7pm Mpls.
 Basic 12 Group
 Basic Principles
 Bridges AA Group - Prior Lake
 Bryant Lake Group
 By The Book AA
 Cavalier West Thursday Big Book
 Cavalier West Thursday Night Men's
 Clearwater Groups
 Cliffhangers VI at St. Ed's
 Continuous Action
 Coon Rapids Fri Night Group
 Crushed Grapes

Delano Saturday Morning
 Edina Women's Group
 Eternal Vigilance
 Foundation Stone Group of AA
 Foxhall Chapter 7 Group
 Friday Night Shift
 Gratitude Group
 Groveland Group Squad 49
 Happy Destiny
 Happy, Joyous, Free-Columbia Hts
 HOW II Group
 Into Action Men's Squad 55
 Isanti AA Squad 3
 It Might Have Been Worse
 Joe & Charlie Big Book
 Kozy's Noon Men's AA

Ladies Night Happy Hour-Sahara Club
 Lakers Alano
 Lakers Friday 6.30
 Minnetonka Senior AA
 Monday Night Mens
 New Hope Alano AA Groups
 New Hope Alano Squad 20
 Pearls of Wisdom
 Pocket Our Pride
 Promises at Knox
 Rich/Blm Alano Sunday Morning
 Ridge Runners II Group
 Rojo Group
 Rule 62 Cavalier
 Sat Morning Fellowship Brooklyn Park
 Saturday Morning Fever

Saturday Sisters - Pax Christi
 St. Louis Park Sunday Night AA Group
 Suburban North Alano Squad 17
 Suburban North Alano Squad 86
 Sunrisers (Thursdays)
 The Hand of AA
 Third Tradition Group of AA Northfield
 Three Legacies
 Thursday Night Women's Group
 Tradition Five
 Tues Morning Discussion Group
 Tuesday Morning Step Group (Buffalo)
 Valley West Thurs AM Group
 Wed Women's Serenity
 -Good Shepherd

Every AA group that sends a contribution is sent a receipt along with a "Thank You" letter from the office. It is the responsibility of the group treasurer or trusted servant to share the receipt and "Thank You" letter with their respective group. Every AA group that sends a contribution will be listed in the MIRUS. Upon inquiry your AA group can request a contribution summary.

Group Contributions/Birthday Plan May 2021****Minnetonka Big Book Study**

****On their sobriety birthday, many AA members contribute one dollar or more for each year of sobriety to any or all of our four service entities; District, Area Assembly, the General Service Office and the local Intergroup. Some members attribute their birthday contribution to their home group. Those groups receive a receipt and "Thank You" letter from the office and are listed in the MIRUS.**

Calendar of Events

Open Speaker Meetings

Thursday:

Central Pacific Group, 7:30 PM

Zoom Meeting ID:135 964 753 Password: 083951 or dial: +1 (312) 626-6799, 135964753# 083951#

Foxhall Chapter 7 Group, 7:30 PM

Hybrid Meeting

Email for Zoom info foxhallchapter7@gmail.com

Gethsemane Lutheran Church

715 Minnetonka Mills Rd.

Hopkins, MN 55343

Friday:

From the Heart Open Speaker Meeting, 7:00 PM

St. Paul's Church of Christ

201 Buffalo St. Delano, MN 55328

Three Legacies, 7:30 PM Zoom Meeting ID 88138339810

Password: 3Legacies or dial: (312)626-

6799 88138339810# 3legacies#

Saturday:

A.A. Orientation Meeting 10:00 AM

Zoom Meeting ID:740 667 236 Password: 506032 or

dial: +1 (312) 626-6799, 740667236753# 506032#

Saturday Night Open Speaker Meeting, 8:00 PM

2218 1st Ave. S., Minneapolis

Sunday:

Open Speaker Meeting, 11:00 AM

Richfield Bloomington Alano

9321 Bryant Ave. S., Bloomington

UPCOMING Events

July 26th

"CPC Train the Trainer" Virtual Workshop

7:00pm – 8:00pm

Email: cpcdistrict13mn@gmail.com for

Registration Info

September 18th

2218 Pat Cronin Birthday Bash and Bike Run

Start: 7:30am Pancake Breakfast

(see event calendar for list of days events)

End: Dance and DJ starts at 9pm-10:30pm

General Service Announcements

August 7th

Area Committee Meeting

Committees 9:30am – 11:30am

Area Committee 12:30pm – 4:00pm

Remote Zoom Meeting

September 10th – 12th

West Central Regional Forum

Remote Zoom Meeting



INTERGROUP'S 21ST ANNUAL UNITY OPEN HOUSE

JOIN US IN CELEBRATING

53 YEARS OF SERVICE

SATURDAY AUGUST 14, 2021

9AM - 1PM

9AM-11AM DOUGHNUTS & COFFEE * 11AM-1PM HOT DOGS & CHIPS
MAGIC SHOW—GAMES—CAKE WALK



NEED A SERVICE OPPORTUNITY? LEARN ABOUT...

Phone Volunteering: Daytime Phones, Group Phones, Early Birds and Night Owls

Southern Minnesota Area 36 Temporary Contact Program

Southern Minnesota Area 36 Correctional Facilities Contact Program

"An opportunity for all AA members to connect into service"



GREATER MINNEAPOLIS INTERGROUP

7204 West 27th Street, Suite 113

St. Louis Park, MN 55426

map & directions at www.aaminneapolis.org



Rocketed Into a Fourth Dimension September 3 – 5, 2021

The Gopher State Roundup Board is proud to announce that the Gopher State Roundup is back on for 2021. Although the date is moving to September this year, Friday, September 3, 2021 – Sunday, September 5, 2021 to provide a little extra time to plan for the safety of everyone who attends.

Get ready to gather with your AA friends to share your experience, strength and hope.

www.GopherStateRoundup.org

Most Area 36 events have a map on how to find the location @ www.area36.org. Open Speaker Meetings are listed for the convenience of members who wish to bring newcomers and non-alcoholic friends. Listing in the Mirus should not be construed as any endorsement on the part of Minneapolis Intergroup. Call Intergroup if you need directions to any of these Open Speaker Meetings, Roundups, Workshops and Special Events are not endorsed by Minneapolis Intergroup and listings are provided for informational purposes only. Flyers for these events are available at the office.

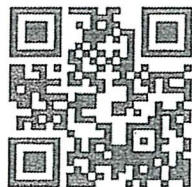
INTERGROUP ASSOCIATION
7204 W. 27th St., Suite 113
St. Louis Park, MN. 55426

NON—PROFIT
ORGANIZATION
U.S. Postage

PAID

Permit No. 416
Hopkins, MN

Change Service Requested



Annual MIRUS subscription: \$10 by mail, or \$5 via email.

Please make checks payable to Intergroup Association and send to:

7204 West 27th Street-Suite 113 St. Louis Park, MN 55426-3112

Please print:

New

☐

Renew

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Name _____

Address _____

City _____ State _____ Zip _____

Email Address _____