

# MIRUS

Minneapolis Intergroup: Recovery, Unity, Service

June 2019 Step, Tradition, and Concept Six

## Step Six

*"We were entirely ready to have God remove all these defects of character."*

What does "Entirely Ready" mean? We become willing to ask God to help us remove our defects of character. To make a firm decision to let go of attitudes and character defects that have been in control of us for years. This can be challenging as it requires us to face our own imperfections, including attitudes and behaviors we may feel deep shame.

Coming to this point, it was suggested to me to reflect and think about the steps taking before. Admitting and accepting I have a problem with alcohol. Allowing in the ideas of a Higher Power and begin developing a relationship with that Power. To take an honest look at myself and shortcomings. It is now asking to admit powerlessness over all attitudes and defects of character, or "Block's" as some refer to. Now I am able to see where and how these defects are no longer of value. At times, this has felt scary, embarrassing and overwhelming. Similar to admitting powerlessness over alcohol.

Coming to realize I didn't have to do this all at once. My thinking was, "I have to do it perfect" (Perfectionism, one of my defects) in order to stay sober and recover. Which of course we know is not true. I had to face "taking the bull by the horns" has gotten me drunk in the past. I had to change my thinking about it. Meaning, I had to set my own ideas aside and allow in other ideas other than my own. Which meant working closely with my sponsor and other's.

What was helpful to me, to consider turning over one or two serious defects and leaving the rest alone for now. This came as a great relief and with that, it gave me just enough momentum to keep going and this is an ongoing process and not a one time shot. Not to mention daily prayer. The sixth step prayer (among other's) have been vital for me coming to accept my character defects exactly as they are and becoming willing to let them go. This is

all this step is asking of us to aim towards emotional sobriety. To get off the emotional roller coaster and begin living good and happy.

"We want to aim at the best we know or can learn. The best we can with all honesty we can muster, is to try."

Karen N, Minnetonka For the MIRUS



### INTERGROUP'S 19TH ANNUAL UNITY OPEN HOUSE JOIN US IN CELEBRATING **51 YEARS OF SERVICE** SATURDAY AUGUST 10, 2019

**9AM - 1PM**

9AM-11AM DOUGHNUTS & COFFEE \* 11AM-1PM HOT DOGS & CHIPS  
BRING YOUR KIDS/FUN AREA PROVIDED



#### NEED A SERVICE OPPORTUNITY? LEARN ABOUT...

Phone Volunteering: Daytime Phones, Group Phones, Early Birds and Night Owls

Southern Minnesota Area 36 Temporary Contact Program

Southern Minnesota Area 36 Correctional Facilities Contact Program

**"An opportunity for all AA members to connect into service"**



#### GREATER MINNEAPOLIS INTERGROUP

**7204 West 27th Street, Suite 113  
St. Louis Park, MN 55426**

map & directions at [www.aaminneapolis.org](http://www.aaminneapolis.org)

**Greater Minneapolis Intergroup • Alcoholics Anonymous®**

7204 W. 27th St., Suite 113 • St. Louis Park, MN 55426-3112 • 952-922-0880 • [www.aaminneapolis.org](http://www.aaminneapolis.org) • email: [info@aaminneapolis.org](mailto:info@aaminneapolis.org)

OFFICE HOURS: Monday, Wednesday, Friday 9 am-4:30 pm • Tuesday & Thursday 9 am-7 pm • Saturday 9 am-1 pm

## Notes from your Service Office:

### The General Service Theme for 2019 is:

### “Our Big Book - 80 Years, 71 Languages.”

Our Outreach Program began in May. Over the summer volunteers will visit 70 groups in the Minneapolis area and share information about Intergroup services. This year we are visiting the northern suburbs of Anoka, Coon Rapids, Elk River, Blaine, Fridley, etc. You may have a visitor at your group over the next few months. **The basic plan for volunteers is:** Visit the group, leave a packet of information, complete “Group Update Form”, notify office of which group you visited and the date and return the Group Update Form to the Office. Anyone interested in being of service can stop in Minneapolis Intergroup and sign out a group to visit. We welcome your help. Your service will enhance Intergroup's efforts in two ways: Assuring that our meeting directory information is correct and informing members about opportunities to carry the AA message through Intergroup 12 Step Services.



We are excited to have two new books in the office. One is the Grapevine, “Take Me To Your Sponsor” with cartoons and jokes. And an AAWS book, “Our Great Responsibility”, a selection of Bill W.’s General Service Conference talks, 1951 – 1970. Timeless and timely, these 16 selected talks give fresh perspectives on the A.A. Fellowship in our co-founder’s own words.

Mark your calendar for Saturday, August 10<sup>th</sup> for our 19<sup>th</sup> Annual Open House from 9:00 am to 1:00 pm. Doughnuts and coffee in the morning and hotdogs cooked on a charcoal grill for lunch!

Information will be provided about answering phones, the Area 36 Temporary Contact Program and the Area 36 Corrections Contact Program. It is a great time to find out about service and meet a lot of great AA members!

In Love and Service

Gail S., your Office Manager

## Notes from Your Board Chair:

The month of June signals to me that we are officially in summer! With that comes the realization that the time is coming when we begin talking about upcoming Board elections.

While it may seem far off right now, in reality, Board elections are only three months away. If you have ever considered running or know of someone that would be interested, it is never too early to start having conversations about participating on the Intergroup Board.

Involvement on the Intergroup Board has been a true gift in my recovery, and I have learned a wealth of information on just how much Minneapolis Intergroup and its hundreds of volunteers do on a daily basis to help serve the still-suffering alcoholic. Please reach out to current or past Board members if you have any questions about serving on the Board.

Until then, stay tuned for upcoming events this summer, including Intergroup’s annual Unity Open House!

With Love,

Melanie Y., Board Chair



New Grapevine book available at the Intergroup office.

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## Intergroup Board

### Board Officers

Chairperson	Melanie Y.
Co-Chairperson	Mitch K.
Secretary	Linda M.
Treasurer	Dave A.

### Board Members

Jessica B.	Brad R.
Jack J.	Dan S.
Deb W.	Mike A.
Donny H.	Patti P.
Gail S. Office Manager, Ex-Officio	

### General Service District Board Liaisons

District 7	Jessica B.
District 13	Deb W.
District 14	Dan S.
District 17	Brad R.
District 18	Jack J.
District 19	Patti P.
District 20	Tom B.
District 21	Donny H.
District 22	Mike A.
District 24	Linda M.
District 25	Dave A.

### Intergroup Staff

Gail S.	Office Manager
Terri D.	Office Assistant
LeeAnn G.	Office Assistant
Erin D.	Office Assistant

Your Intergroup board meets every month at 6:30 pm on the Tuesday before the Rep's meeting in the Intergroup Office.

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The MIRUS represents the experience of A.A. members. Their thoughts, expressed herein, are not to be attributed to Alcoholics Anonymous as a whole, nor does publication imply endorsement by either Alcoholics Anonymous or Greater Minneapolis Intergroup.

## Metro District General Service Meetings

District 7	Second Monday, 6:30 pm St. Andrew's Lutheran Church 13600 Technology Dr., Eden Prairie, MN 55344
District 13	First Tuesday, 7:00 pm United Methodist Church 10506 Hanson Blvd. N.W., Coon Rapids, MN 55433
District 14	First Monday, 7:30 pm United Methodist Church 609 8th St. N.W., Buffalo, MN 55313
District 17	Second Tuesday, 7:30 pm Crossroads Assembly of God Church 10478 Bell Ave., Plato, MN 55370
District 18	Second Thursday, 6:30 pm Plymouth Congregational Church 1900 Nicollet Ave. S., Minneapolis, MN 55403
District 19	Second Wednesday, 7:00 pm Rosemount Community Center, Room 210 13885 S. Robert Tr., Rosemount, MN 55068
District 20	Fourth Tuesday, 7:00 pm Twin Lake Alano Club 4938 Brooklyn Blvd., Brooklyn Center, MN 55429
District 21	Second Tuesday, 7:30 pm Pilgrim United Methodist Church 4325 Zachary Lane, Plymouth, MN 55442
District 22	Second Wednesday, 7:00 pm Mizpah United Church of Christ 412 5th Ave. N., Hopkins, MN 55343
District 24	First Monday, 7:00 pm St. John's Lutheran Church 119 8th Ave. W., Shakopee, MN 55379
District 25	Second Wednesday, 7:30 pm Woodlake Lutheran Church 7525 Oliver Ave. S., Richfield, MN 55423

## Intergroup A.A. Orientation Open Meetings

The Saturday Orientation Open Meeting takes place every week at 10 A.M. at the Mizpah Church, 412 5th Ave. N., located just west of Highway 169 and just south of Highway 7 in Hopkins.

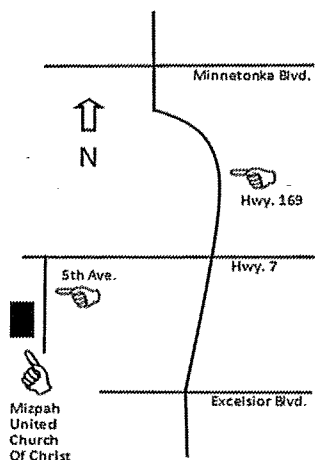
6/1	Step Ten / Tradition Ten His Story
6/8	A.A. World Services / General Service Office Her Story
6/15	Step Eleven / Tradition Eleven His Story
6/22	Anonymity as a Spiritual Principle Her Story
6/29	Step Twelve / Tradition Twelve His Story

## NOTICE • NOTICE

### Intergroup Reps Meeting

Thursday,  
June 27th  
6:30 pm

At Mizpah United  
Church of Christ:  
412 5th Ave N.  
Hopkins, MN 55343.  
(See orientation mtg  
directions)



## Twelve Concepts for World Service, written by Bill W. in 1962

### Concept VI:

Long Form: "On behalf of A.A. as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous."

Short Form: "The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the Trustee members of the Conference acting as the General Service Board."

The Trustees of our General Service Board are another layer of our Service Structure that sits at the bottom of the upside down triangle. They also use the same spiritual principles that our Groups, Districts and Area use that are found in Concepts 3 and 4. Our servants have the authority that comes with the "Right of Participation". We also give them the "Right of Decision" when representing our Groups, Districts and Area.

Bill writes in Concept VI that we need to be thoughtful and deliberate while choosing our Trustees for the General Service Board. On our Service Board sits 7 Class A Trustees (Non Alcoholic) and 14 Class B Trustees (recovering alcoholic). The Class A Trustees are chosen based on their skill set and experience in their respective fields. The Class B Trustees are chosen in different matters. The Regional Class B Trustees are chosen within their respective Regions within the United States and Canada. There are two Trustees-At-Large. One of those represents Canada and the other the United States. Then there are 4 Trustees that are chosen from within the whole fellowship of Canada and the United States that have certain skill sets and backgrounds that could be useful in solving the problems at hand. They also need to have a certain measure of availability to go to the General Service Office when needed.

Bill also writes that the Trustees should be given a certain amount of latitude to make decisions on a large scale for all of World Services, as they are our representatives for World Services through our Trustee-At-Larges.

We need not always agree, and sometimes don't, with their decisions made. But as stated earlier, we have given them responsibility to represent us, therefore we also must give them our trust and the authority to make those decisions for A.A. as a whole.

We have the responsibility to send our Delegates to the General Service Conference to have untethered communication with those Trustees. We also have the responsibility to assist in helping to find the most experienced and well-rounded Trustee candidates. We also have a fiscal responsibility to make sure that they have the financial means to carry out the responsibilities of the General Service Board.

Yours in Service,

Missy Patterson

Area 36 Delegate Panel 69

"Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. 'It works when other activities fail.'"  
—*Alcoholics Anonymous*, p. 89

### Intergroup 12 Step Service Opportunities Contribute Your Time at Minneapolis Intergroup Just Stop In!

#### Daytime Phone Answering

Training Provided

#### Daytime Office Volunteers

Service work available

### Carry the AA Message to Outside Agencies\*

#### Groups and Members are Invited to:

Hennepin County Adult Detention Center (Jail) (Men & Women)  
Scott County Jail AA Meetings (Men & Women)  
Carver County Jail AA Meetings (Men & Women)  
Hennepin County Adult Corrections Facility (Men & Women)  
Corrections Facility Contact Program (Men & Women)  
Andrew Residence (Men & Women)  
A New Vision (Sober Living) Men Only  
Texas Terrace Villa Center (Men & Women)

#### Call or Stop by the Office for Details

\*In Cooperation with the Professional Community

"This is our *twelfth* suggestion: Carry this message to other alcoholics! You can help when no one else can."  
—*Alcoholics Anonymous*, p. 89

# The Twelve Traditions - How They Apply In Our Lives

## TRADITION SIX

*“ An A.A group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.”*

When I first came into recovery, more and better was still my god. What I had, how I was viewed, and how much I made owned me to some degree. I needed to make more money to pay off the bills I accrued due to use, but once I paid them, the more money I to buy bigger and better things. Ironically the more I made, and the more I accumulated, the more I had to make in order to keep what I had, and thus not have time to enjoy it or use as intended. While all my attention was invested in other things I couldn't focus on the present. The present is where the solution is.

Bill had a way with words, and the most important word here is LEST. I had to look up the word LEST, and found it means, with the intention of preventing (something undesirable); to avoid the risk of. In other words, Bill knew, that in order to avoid consequences due to having to manage money, property or having them over consuming us, we ought to remain humble. Less is more; we need to focus on one thing and do it well. Groups should not have to worry about where they will get enough money to pay their rent or feel obligate to stay somewhere because they are heavily invested in it. When our egos get in the way by demanding how things should be ran, we lose our focus and can create a rift. In meetings, all one should have to focus on is carrying the message. The message of how we recovered from a seemingly hopeless state of body and mind. While members do serve on committees or boards that cooperate with AA, we need to make sure they are separate from the groups. As stated in the long form, “ thus dividing the material from the spiritual”. Let's keep it simple.

Cory S, Shakopee, MN.

MINNEAPOLIS INTERGROUP BOARD ELECTIONS ARE THREE MONTHS AWAY. THEY WILL BE HELD AT THE MONTHLY INTERGROUP REP MEETING ON SEPTEMBER 26, 2019 AT 6:30. IF YOU WOULD LIKE MORE INFORMATION ON THIS SERVICE POSITION CONTACT GAIL AT THE INTERGROUP OFFICE ANYTIME. RESUME FORMS ARE AVAILABLE AT THE INTERGROUP OFFICE OR CAN BE DOWNLOADED FROM THE MINNEAPOLIS INTERGROUP WEBSITE. (CAN BE FOUND UNDER 'ABOUT INTERGROUP')

Greater Minneapolis Intergruop  
7204 W. 27<sup>th</sup> Street -- Suite 113  
St. Louis Park, MN 55426-3112  
Fax: 952.922.1061 Email: info@aaminneapolis.org

Please review all information listed below

- Submissions due at Intergruop Office by September 12<sup>th</sup>.
- In accordance with the IG by-laws all candidate resumes should be submitted to the Intergruop Office 10 Business Days prior to elections. Nominations will also be accepted from the floor on the night of election.
- Annual Elections, Thursday, September 26, 2019 -- 6:30PM
- Because of the time commitment, it is suggested that you discuss this service opportunity with your family and AA sponsor. (10-12 hours per month)
- You will be expected to: attend all Board and Rep meetings, attend a monthly General Service District meeting, serve on a Board sub committee, participate in functions that are sponsored by Greater Minneapolis Intergruop.
- Your Home Group should be located within the confines of the Metro Minneapolis Suburban Area.
- The Intergruop by-laws require each candidate to have 5 years of continuous sobriety on the date the election is held.
- A business background can be helpful. However experience at your Home Group, Intergruop, or General Service brings value to the mission of Greater Minneapolis Intergruop.
- No more than (2) two members from the same Home Group can serve on the board at the same time.
- As an elected board member you are serving all the groups in the greater Minneapolis AA community not just your AA Home Group.
- The AA 3<sup>rd</sup> Legacy procedure is the voting process used for our annual election.
- There are (4) four (3) three year term openings. Term begins October 1, 2019 and ends September 30, 2022.
- Minneapolis Intergruop is a non-profit Minnesota Corporation 501(c) (3) and is subject to all State and Federal laws.
- The IG by-laws require that copies of all submitted resumes be sent to the Intergruop Representatives of record by U.S. Mail 7 business days prior to the annual election.
- The Board elections are held annually at the Intergruop Representatives meeting, the 4<sup>th</sup> Thursday in September.
- Location: Mizpah United Church, 412 5<sup>th</sup> Ave North, Hopkins, MN 55343
- Reps meeting and annual elections begin at 6:30PM.

For directions see map in current MIRUS or on our website, www.aaminneapolis.org.

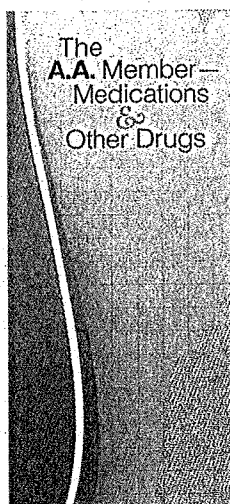
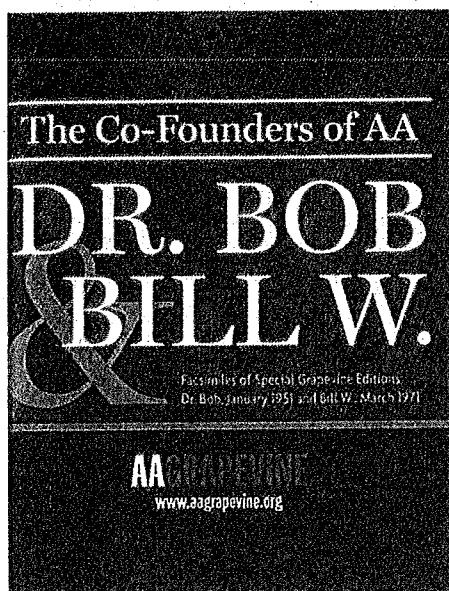
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St. Louis Park, MN 55426-3112  
Fax: 952.922.1061 Email: info@aaminneapolis.org

Greater Minneapolis Intergruop  
2019 Board Candidate Resume Form  
*Review Page 2 for Pertinent Information*

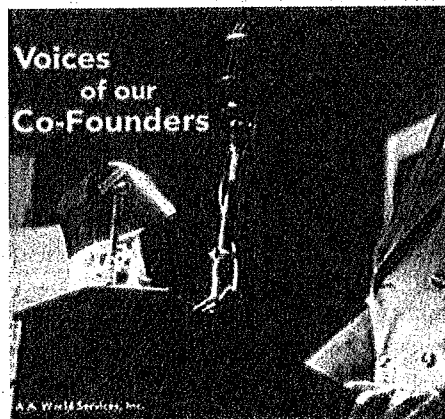
Name:	
Address:	
Work Phone:	Home Phone:
Fax:	Email:
Sobriety Date:	Home Group:
Education:	
Current AA Activities:	
Past AA Activities:	
Current & Past Activities Outside AA <small>Including other boards you may have served on</small>	
Occupational Background	

Annual Elections, Thursday, September 26, 2019 -- 6:30PM





AA Pamphlet of the Month:  
**AA Member - Medications  
 & Other Drugs**  
 AA CD of the Month:  
**Voices of Our Co - Founders**  
 Grapevine Book of the Month:  
**The Co - Founders of AA Dr. Bob  
 (January 1951 Issue) & Bill W.  
 (March 1971 Issue)**



## Group Contributions - April 2019. Thank you all, in the Spirit of Hope.

2218 Squad 12  
 7 HI - Group  
 8 to 80 Grp  
 Amigo's II Grp  
 Back to Basics Women's Grp St Luke's  
 Bar None Tuesday AA Group  
 Basic Principle  
 Basic Twelve & Twelve  
 Bryant Lake Grp  
 Buenavista Group  
 By Grace Group- Mound  
 Cavalier Club Mainstreeters  
 Cavalier Mens Thurs 8pm  
 Central Pacific Grp  
 Chaska River Valley AA  
 Children of Chaos  
 Dakota Alano- Saturday 11am  
 Design for Living (Coon Rapids)  
 Early Risers Grp  
 East Blmngtn AA Grp  
 Elders Big Book Stories - Friday  
 Elders Big Book - Thursday

Elders Steps & Traditions  
 Elders Topic- Sunday 10am  
 Fairview Riverside AA  
 Foreward XIX Grp  
 Foundation Stone Group of AA  
 Foxhall Chapter 7 Grp  
 Friday Night Shift  
 Fridley Alano Squad 19  
 Gloria Dei AA  
 Golden Valley Group  
 Gratitude Group  
 Groveland Group  
 Halfway There  
 Hanover Tuesday AA  
 Happy Destiny  
 Happy, Joyous, Free Columbia Hts  
 Hopkins Mon Friends Grp  
 Ladies Night Happy Hour - Sahara Club  
 Lakers AA GROW Group  
 Lakeville Sat. Big Book Meeting  
 Life is Good AA Group  
 Mainstreeters AA ( Plymouth II Alano)

Meditation At Peace  
 Men at Peace (2)  
 Minnetonka Big Book Study Grp  
 Minnetonka Senior AA  
 N.E. Sunrise Women's  
 New Hope Alano Squad 40  
 New Way AA  
 No Decaf  
 Normandale Grp  
 Oasis Group - Shakopee  
 Plymouth II Big Book Sun Morning  
 Pocket Our Pride  
 Promises at Knox  
 Ramsey AA ( Now Then AA )  
 Rich/Blmngtn Alano Sun Open Spkr  
 Ridge Runners II Grp  
 Riverlyn AA Group  
 Rule 62 AA  
 Saturday Night Live Group  
 Saturday Sisters - Pax Christi  
 Savage Unity AA Group  
 Serenity Sisters

Silver Lake AA Group  
 Sisters in Sobriety  
 SOS AA - Minneapolis  
 Squad 7, Blaine Alano Thurs  
 St. Louis Park Sunday Night AA Grp (2)  
 St. Lukes Saturday Mens Group  
 Stepsisters of Northfield  
 Suburban North Alano Sq 10  
 Suburban North Alano Sq 7  
 Sunday Serenity Group  
 TGIF Women's AA Group  
 Third Tradition Group of AA  
 Thursday Lakers AA  
 Thursday Night Women AA Group  
 Tonka Alano Club Groups  
 Tuesday Morning Step Group ( Buffalo)  
 Watertown AA - Wednesday  
 Watertown AA Group - Mon  
 Wayzata Womens Group - Thursday  
 Wayzata Womens Group - 10 am Mon  
 We Think Not  
 Women's AA Group at Elim

Every AA group that sends a contribution is sent a receipt along with a "Thank You" letter from the office. It is the responsibility of the group treasurer or trusted servant to share the receipt and "Thank You" letter with their respective group. Every AA group that sends a contribution will be listed in the MIRUS. Upon inquiry your AA group can request a contribution summary.

## Group Contributions/Birthday Plan\*\* April 2019

### Continuous Action • Minnetonka Big Book Study

\*\*On their sobriety birthday, many AA members contribute one dollar or more for each year of sobriety to any or all of our four service entities; District, Area Assembly, the General Service Office and the local Intergrupp. Some members attribute their birthday contribution to their home group. Those groups receive a receipt and "Thank You" letter from the office and are listed in the MIRUS.

## Calendar of Events

### Open Speaker Meetings

#### **Thursday:**

Central Pacific Group, 7:30 PM  
Hennepin United Church, 511 Groveland Av., Minneapolis

Foxhall Chapter 7 Group, 7:30 PM  
Wooddale Church, 6636 Shady Oak Rd., Eden Prairie  
A sign language interpreter is provided each week.

#### **Friday:**

From the Heart Open Speaker Meeting, 7:00 PM  
St. Paul's United Church, 201 Buffalo St., Delano

Edina Open Speaker Meeting, 7:30 PM  
Christ Presbyterian Church, 6901 Normandale Blvd., Edina

Three Legacies, 7:30 PM  
Cross of Glory Church, 4600 Shady Oak Rd., Hopkins  
A sign language interpreter is provided each week.

#### **Saturday:**

There Is A Solution (Beginners Meeting), 6:00 PM  
Dakota Alano Society, 3920 Rahn Rd., Eagan

Saturday Night Open Speaker Meeting, 7:30 PM  
At The Common Table (parking in back of Bldg.)  
2001 Riverside Ave., Minneapolis

Saturday Night Live Open Speaker Meeting, 7:30 PM  
Basilica School 3rd floor (behind the church)  
16th St. & Hennepin Ave., downtown Minneapolis  
Free parking in the ramp across 16th St.  
Wheelchair accessible

Tradition One, 7:30 PM  
Pilgrim United Methodist, 4325 Zachary Ln., Plymouth

Saturday Night Greet & Meet, 7:30 PM  
The Hall, 4805 Welcome Ave. N., Crystal

Saturday Night Open Speaker Meeting, 8:00 PM  
2218 1st Ave. S., Minneapolis

#### **Sunday:**

Open Speaker Meeting, 11:00 AM  
Richfield Bloomington Alano  
9321 Bryant Ave. S., Bloomington

Step & Speaker Open Meeting, 7:00 PM  
First Baptist Church, 1021 Hennepin Ave., Minneapolis

### Special Events

June 7th - 9th, 2019  
HACYPAA  
Love & Tolerance Conference  
Sheraton Minneapolis West Hotel  
[www.HACYPAA.org](http://www.HACYPAA.org) - to register

June 7th & 8th, 2019  
Founder's Day  
Duluth Alano Club  
Duluth, MN.  
First speaker at 7:00 p.m.

### General Service Announcements

June 15th, 2019  
Area Assembly  
Lakeville Heritage Center, Lakeville, MN.  
9:00 a.m. - 5:00 p.m.

August 3rd 2019  
Area Committee Meeting  
Mankato City Center Hotel, Mankato, MN  
Standing Committee 9:30am - 11:30am  
Meeting: 1:00pm - 5:00pm

August 16th - 18th 2019  
West Central Regional Forum  
Alerus Center  
1200 S 42nd Street, Grand Forks, ND

Most Area 36 events have a map on how to find the location @ [www.area36.org](http://www.area36.org). Open Speaker Meetings are listed for the convenience of members who wish to bring newcomers and non-alcoholic friends. Listing in the Mirus should not be construed as any endorsement on the part of Minneapolis Intergroup. Call Intergroup if you need directions to any of these Open Speaker Meetings, Roundups, Workshops and Special Events are not endorsed by Minneapolis Intergroup and listings are provided for informational purposes only. Flyers for these events are available at the office.

**ALCOHOLICS  
ANONYMOUS**  
IT WORKS IF YOU WORK IT

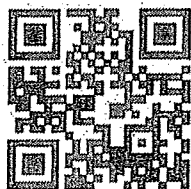
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