

MIRUS

Minneapolis Intergroup: Recovery, Unity, Service

July 2018 Step, Tradition, and Concept Seven

Step Seven

"Humbly asked Him to remove our shortcomings."

It is true that Steps Six and Seven are the shortest passages in the Big Book. Working with others today, I turn to the *Twelve and Twelve* for a much deeper understanding.

For me, Step Seven has been an integral part of my recovery. It was very interesting that I was asked to write on it and grateful to be of service as this step is frequently on my mind. Being humble as a practicing alcoholic was virtually non-existent. It was always about me, having to be right and be the best, though deep down, myself esteem was very low. Self-seeking would be my mantra along the journey of my using as I did not want to face my character defects. I wanted that reputation I knew I did not deserve and would do anything to achieve it and make you believe it. When my defects would get exposed, the pain was so deep, I had no choice as an alcoholic than to kill the pain with old reliable, vodka. As a friend in the fellowship says, "I am caught between a drink and God."

Along the journey and with many relapses, lack of humility, I'm quite certain, kept me from reaching any form of a psychic change. Hanging on to these defects was a very comfortable place to be and I would protect them. Even during "dry" times, I could get no traction. I did Fifth Steps to the best of my ability along the way. I felt very good about them, and after, I retired to a calm peaceful place for an hour to reflect and ask for help. I felt I was ready for my Higher Power to remove my defects of character. I prayed hard and felt great! However, looking back now, with quite a few days in the rearview mirror, my work stalled there.

Having decided to turn my will over in Step Three, I must depend on a Higher Power to take these defects that have been so comfortable for me to live with. While I was just fine, many were in pain due to my behaviors and actions. The delusion that I was still in control in previous attempts at recovery, I believe, lead me back to thinking I could control my drinking and hence just another relapse. Dishonesty, anger, jealousy, being judgmental, shame and guilt were pervasive in my life.

Coming back from hopefully my last treatment, I began to work hard. My bottom this time, as I describe it when I share, can best be summed up as "losing my soul." Having the desperation of a drowning man, I went deep into trying to change the person that I did not respect anymore. I could truly see

how all my defects and behaviors, aside from a true surrender, were blocking me from the sunlight of the spirit. I always say, "it's what we did, not who we are."

The first thing I focused on was rigorous honesty. When I say honest, I mean down to everything that comes out of my mouth! I would catch myself in my old habits of stretching the truth, so I would look better than you. Today, it feels SO good when I correct myself and clean it up. This was so new to me that I was amazed at how good it felt.

I focus on my anger as best I can each day. I have not been perfect at this by any means, but I can tell you I am far less angry, and it continues to improve with each day of grateful sobriety.

Jealousy came in many forms. Wanting what you had, making sure no one took what was mine. Jealousy was pervasive with regards to relationships. I would have incredible bouts of anger and was always paranoid someone was going to take away my girlfriend and then later, my wife. I can now see how insecure I was in many facets of my life. Of course, I now realize, it was because I did not feel anyone could love me. If you look too closely, you will see I'm bad. I learned that I am a love addict and a love avoidant. Really deep stuff to take on but I must pray for help from my Higher Power. Asking for help meant I'm weak and certainly not humble. Anger, dishonesty, frankly at times rage, would take over my thinking.

Continued on Page 6



Taken from "God Grant Me the Laughter," by Ed F., © 1989

Greater Minneapolis Intergroup • Alcoholics Anonymous®

7204 W. 27th St., Suite 113 • St. Louis Park, MN 55426-3112 • 952-922-0880 • www.aaminneapolis.org • email: info@aaminneapolis.org

OFFICE HOURS: Monday, Wednesday, Friday 9 am-4:30 pm • Tuesday & Thursday 9 am-7 pm • Saturday 9 am-1 pm

Notes from your Service Office:

The General Service Theme for 2018 is:

“A.A. - A Solution for All Generations.”

Have you heard members say it is important to stay in the middle of AA? I know that's what I want for myself. How do you do that?

For me, my answer is **service**! I believe service is giving freely of oneself and not expecting anything in return. Some AA members start doing service in their first few months of sobriety. They are the fortunate ones. I didn't start out that way. For many years I went to meetings to get what I needed. Another thing that held me back was fear. Fear to step out of my comfort zone. Don't short change yourself. Each baby step I took doing service helped me grow into being a better person and gave my sobriety a whole new meaning. I have gotten back ten times more than I gave.

Today I feel it is a privilege to do anything for Alcoholics Anonymous. I look at it now that I do not have to do anything, I get to. It feels great to give back what was freely given to me.

As of 2018, Minneapolis Intergroup has been in service for 50 years. That amounts to a lot of volunteers. We have figured that it takes around 500 volunteers a month that keep the services functioning. Daytime phones, group phones, nightowls and earlybirds, 12th Step volunteers, MIRUS folders, Information Committee speakers, etc. 500 volunteers a month times 12 months, times 50 years equals about 300,000 volunteers. That is a lot of service.

As Jamie M. talks about in his article, we can thank those that came before us to grow this organization to continue to be there for the alcoholic to find help and hope. This year's annual Unity Open House at Minneapolis Intergroup will be on Saturday, August 11th from 9:00 am to 1:00 pm. (see the flyer on our website for details). We will be celebrating 50 years of service!

Come into the office from now until the open house and sign our giant card. We want to see how many volunteer names we can list!

In love and service,

Gail S. Office Manager

Notes from Your Board Chair:

The big 5-0 lands on Minneapolis Intergroup this year. In other words, we are celebrating 50 years of continuous service to the recovery of alcoholics in the greater suburban area. That is 5 decades of volunteers and staff helping to carry the message to the still suffering alcoholic.

As Chair of the Board, I can see now from the inside how much work goes into running the office and how invaluable all the volunteers and staff members are. It's inspiring. I hope that as my term comes to a close in the next 3 months that we on the board can continue to protect what has been built by those who have come before and grow the organization to meet the needs of alcoholics for the next generations to come.

At the Annual Summer Open House this year on August 11th, we are going to be celebrating those 50 years of existence. We hope you can all make it as doughnuts and hotdogs will be cooked and served up by our Area Delegate Curt K (the hotdogs not the doughnuts). And of course the ever-present unofficial drink of Alcoholics Anonymous, coffee, will be there too. See you there!!

Yours in service,

Jamie M., Board Chair

"Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail."
—Alcoholics Anonymous, p. 89

Intergroup 12 Step Service Opportunities

**Contribute Your Time
at Minneapolis Intergroup
Just Stop In!**

Daytime Phone Answering
Training Provided
Daytime Office Volunteers
Service work available

Carry the AA Message to Outside Agencies*

Groups and Members are Invited to:

Hennepin County Adult Detention Center (Jail) (Men & Women)
Scott County Jail AA Meetings (Men & Women)
Carver County Jail AA Meetings (Men & Women)
MCF-Lino Lakes SOTP (Men & Women)
Hennepin County Adult Corrections Facility (Men & Women)
Texas Terrace Villa Center (Men & Women)
Estates at Chateau (Men & Women)
Corrections Facility Contact Program

Call or Stop by the Office for Details
**In Cooperation with the Professional Community*

"This is our twelfth suggestion: Carry this message to other alcoholics! You can help when no one else can."
—Alcoholics Anonymous, p. 89

Intergroup Board

Board Officers

Chairperson	Jamie M.
Co-Chairperson	Melanie Y.
Secretary	Dave A.
Treasurer	Donny H.

Board Members

Jennifer M.	Mitch K.
Jack J.	Dan S.
Sooze H.	Michael H.
Linda M.	Michael M.
Gail S. Office Manager, Ex-Officio	

General Service District Board Liaisons

District 7	Dave A.
District 13	Mike M.
District 14	Linda M.
District 17	Michael H.
District 18	Dan S.
District 19	Jen M.
District 20	Doug H.
District 21	Mitch K.
District 22	Sooze H.
District 24	Jack J.
District 25	Donny H.

Intergroup Staff

Gail S.	Office Manager
Claudia S.	Office Assistant
Terri D.	Office Assistant
Drew H.	Office Assistant

Your Intergroup board meets every month at 6:30 pm on the Tuesday before the Rep's meeting in the Intergroup Office.

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The MIRUS represents the experience of A.A. members. Their thoughts, expressed herein, are not to be attributed to Alcoholics Anonymous as a whole, nor does publication imply endorsement by either Alcoholics Anonymous or Greater Minneapolis Intergroup.

NOTICE

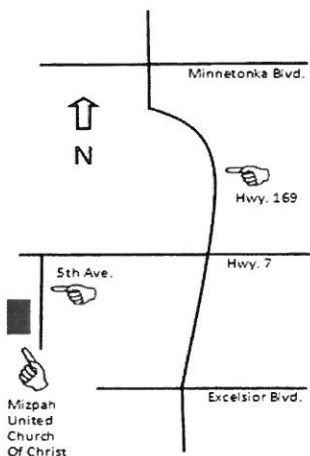


NOTICE

Intergroup Reps Meeting

Thursday,
July 26th
6:30 pm

At Mizpah United
Church of Christ:
412 5th Ave N.
Hopkins, MN 55343.
(See orientation mtg
directions)



Metro District General Service Meetings

District 7	Second Monday, 6:30 pm St. Andrew's Lutheran Church 13600 Technology Dr., Eden Prairie, MN 55344
District 13	First Tuesday, 7:00 pm United Methodist Church 10506 Hanson Blvd. N.W., Coon Rapids, MN 55433
District 14	First Monday, 7:30 pm United Methodist Church 609 8th St. N.W., Buffalo, MN 55313
District 17	Second Tuesday, 7:30 pm Crossroads Assembly of God Church 10478 Bell Ave., Plato, MN 55370
District 18	Second Thursday, 6:30 pm Plymouth Congregational Church 1900 Nicollet Ave. S., Minneapolis, MN 55403
District 19	Second Wednesday, 7:00 pm Rosemount Community Center, Room 210 13885 S. Robert Tr., Rosemount, MN 55068
District 20	Fourth Tuesday, 7:00 pm Twin Lake Alano Club 4938 Brooklyn Blvd., Brooklyn Center, MN 55429
District 21	Second Tuesday, 7:30 pm Pilgrim United Methodist Church 4325 Zachary Lane, Plymouth, MN 55442
District 22	Second Wednesday, 7:00 pm Mizpah United Church of Christ 412 5th Ave. N., Hopkins, MN 55343
District 24	First Monday, 7:00 pm St. John's Lutheran Church 119 8th Ave. W., Shakopee, MN 55379
District 25	Second Wednesday, 7:30 pm Woodlake Lutheran Church 7525 Oliver Ave. S., Richfield, MN 55423

Intergroup A.A. Orientation Open Meetings

The Saturday Orientation Open Meeting takes place every week at 10 A.M. at the Mizpah Church, 412 5th Ave. N., located just west of Highway 169 and just south of Highway 7 in Hopkins.

7/7	A.A. World Services / General Service Office Her Story
7/14	Step Eleven / Tradition Eleven His Story
7/21	Anonymity as a Spiritual Principle Her Story
7/28	Step Twelve / Tradition Twelve His Story

Twelve Concepts for World Service, written by Bill W. in 1962

Concept VII:

Long Form: "The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the A.A. purse for its final effectiveness."

Short Form: "The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness."

Last year, the General Service Board of A.A. attempted legal action to regain possession of an original printer's manuscript of the Big Book. The legal action spurred dissent among the Fellowship, cost nearly \$450,000 in settlement and legal fees, and ultimately failed. Opinions about the litigation were passionate and diverse across the Fellowship, with A.A. members on both sides of the debate touting Traditions, Concepts, and Charters to back their points. Looking back on the situation, I believe we were witnessing a real-life example of Concept Seven playing out.

Those in the Fellowship who were debating the litigation issue were most often referencing Concept Three – which allows each level of the service structure in A.A. its own Right of Decision; Concept Six – the principle that the Trustees exercise the active responsibility for the maintenance of our world services; Concept Twelve and the Conference Charter – where the warranties warn against engaging in public controversy and litigation; and Tradition Ten – where we are cautioned about taking on outside issues. While the debate itself was important, Concept Seven describes the conflict exactly – as the tension between the legal power of our Trustees and the advisory power of the General Service Conference.

Concept Seven states flat out that our General Service Board has the legal power and authority over A.A. and our A.A. services. As an organization in and of the world, we are formed as a nonprofit corporation in the State of New York and are governed by local, state, and federal laws. As a corporate entity, the Trustees are legally empowered to and required to act on

behalf of the A.A. organization. In the case of the litigation decision, the General Service Board was acting within its right and power to engage in legal action on behalf of A.A.

Concept Seven also acknowledges that while the General Service Board has all the legal power for A.A., our A.A. groups hold "the final responsibility and ultimate authority for A.A. world services." The groups wield their responsibility and authority by sending Delegates to the General Service Conference to act as the group conscience of the Fellowship. The Conference is truly an advisory body and not a legal authority. Any proposals that are adopted by the Conference are referred to as Advisory Actions. But those Advisory Actions carry the weight of tradition and ultimately the power of the purse. In the case of the litigation decision, the Fellowship had every right to express its dissatisfaction, question the decision of the Board, and ask that the Conference be consulted about such significant legal actions in the future.

The Trustees and Directors who serve on our legal bodies are as much trusted servants as the Delegates who serve the Conference. While the Trustees act as legal agents of A.A., groups influence our world services and the Board based on principle and tradition. When we see a conflict arise between these two bodies, Concept Seven assures us that the tension is just part of how A.A. functions and that trust and respect between all involved will ultimately keep us unified. That certainly was the case during the debate over the manuscript litigation. And it will continue to be true in the future, no matter what issue spurs the next difficult debate.

More information about the Concepts can be found in The A.A. Service Manual at http://www.aa.org/assets/en_US/en_bm-31.pdf

Thank you for this opportunity to serve,
Curt K.

Delegate, Panel 67
Area 36 - Southern Minnesota
delegate@area36.org

The Twelve Traditions

TRADITION SEVEN

"Every A.A. group ought to be fully self-supporting, declining outside contributions."

As far back as I can remember, I rarely, if ever offered to contribute much of anything to anyone or anything. Be it monetarily or otherwise. I was selfish and self-seeking and I looked for every opportunity to get something for nothing.

After graduating High School I got an apartment with a girlfriend. It was a perfect set up for parties and socializing. The difference between my roommate and myself was that she had the common sense to go to work Monday through Friday. I on the other hand didn't. So I lounged around our little apartment watching T.V., munching on snacks and reading magazines. This lifestyle lasted a very short six weeks and I was asked to leave. Well, actually I got kicked out. I was a very slow learner and carried this behavior into my next address. This house didn't bug me to work. My friends Mom took care of the work part for her kids and me. I stayed home and kept Grandma "company" watching the soaps.

Fast forward 30 years. Becoming a member of Alcoholics Anonymous and trying to practice this tradition to the best of my ability has taught me to be an independent, responsible member of society. I don't have a desire to use people for my own selfish needs. I have also learned that it is more rewarding to give than receive, or in my case take. When I see my old behavior in other people and I find myself getting irritated, I just remember that I was exactly like that and if I don't keep practicing these steps and traditions in all my affairs I will go back to my old ways. No Thank-You!

Terri D., Excelsior, MN.

**MINNEAPOLIS
INTERGROUP
WILL BE CLOSED
ON
JULY 4TH, 2018**

BOARD

ANNOUNCEMENT

The Annual Board elections will be held at the Intergroup Reps meeting on Thursday, September 27th, 2018

There will be four openings that are three - year term

Third Legacy Procedure

Board Resumes are available at the Intergroup Office or the Intergroup Reps meetings



**INTERGROUP'S 18TH ANNUAL
UNITY OPEN HOUSE**
**JOIN US IN CELEBRATING
50 YEARS OF SERVICE**
SATURDAY AUGUST 11, 2018

9AM - 1PM

**9AM-11AM DOUGHNUTS & COFFEE * 11AM-1PM HOT DOGS & CHIPS
BRING YOUR KIDS/FUN AREA PROVIDED**



NEED A SERVICE OPPORTUNITY? LEARN ABOUT...

Phone Volunteering: Daytime Phones, Group Phones, Early Birds and Night Owls
Southern Minnesota Area 36 Temporary Contact Program
Southern Minnesota Area 36 Correctional Facilities Contact Program
"An opportunity for all AA members to connect into service"



GREATER MINNEAPOLIS INTERGROUP

**7204 West 27th Street, Suite 113
St. Louis Park, MN 55426**

map & directions at www.aaminneapolis.org

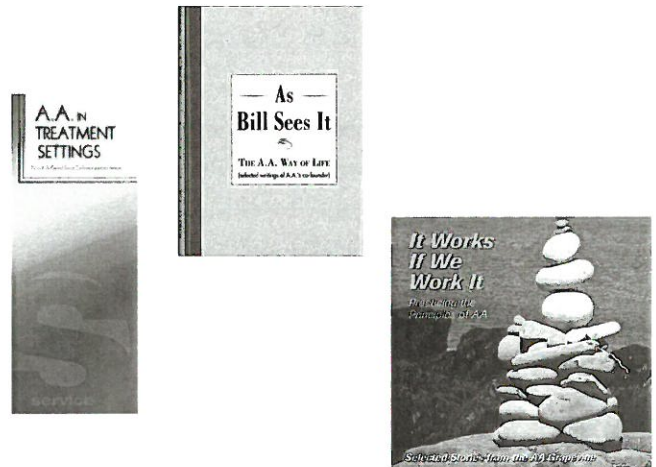
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Being judgmental of others is a really good way of “one upping” to make myself feel good and to be better than you, but deep inside I know I am not. I try very hard to look at each person as a child of God and respect them for who they are. I can still very much slide into that defect and pass it off as being funny or teasing. Even writing this, it reminds me to strive to be better. My wife certainly has endured the worst of that behavior. You hurt the ones you love the most sounds easy. Well, it is an excuse for terrible behavior cast out on to others.

They say guilt is knowing you have done something wrong, and shame is when others find out. Having grown up with incredible amounts of shame, I learned that it fed many of the defects I have shared with you previously. Therefore, I was surprised when I was told that shame was part of my defects of character. Really? I have been very fortunate to have had much help outside of A.A. from a wonderful life coach. Working on the shame I have carried, and of course the guilt for being such a “bad little alcoholic,” allowed me to understand something clearly at last. I came to realize how impactful letting these things go, with a lot of help from my Higher Power, directly effects my core defects of character. I am grateful to him and my Higher Power to help me heal these deep wounds. Working through to Step Nine helped clear away some of the wreckage of the past and help me move forward. As I work with men today, we spend a lot of time on shame. Often, it is carried shame from childhood and how that can set up a blue print for an addictive lifestyle.

If I have admitted I’m powerless, where is the power going to come from to stay sober and try to be the man God intended me to be? I must reach out each day and trust my Higher Power to help me. I ask for help at the end of the day with so much gratitude that I did not drink for one more twenty-four-hour period. It is truly a miracle for a once broken man.

Scott F., Plymouth, MN., for the MIRUS



AA Pamphlet of the Month:

AA in Treatment Settings

AA Book of the Month:

As Bill Sees It

Grapevine CD of the Month:

It Works If We Work It

(Practicing the Principles of AA)

Group Contributions - May 2018. Thank you all, in the Spirit of Hope.

8 to 80 Group

A Baffled Lot

A New Day - Lakeville

A New Freedom West Suburban Alano

Andover Alano Squad 4

Annandale Lakers

Bar None Tuesday AA Group

Basic Twelve

Beltline Groups

Bryant Lake Group

By Grace Group - Mound

Cavalier West Men's Thurs 8 p.m. (2)

Chaska Tues 6 p.m. Candlelight Group

Chunks & Measures Squad 88 @ 2218

Continuous Action

Crushed Grapes

Excelsior Thursday Night

Extravagant Promises

For Today Group

Fridley Alano Squad 11 Dellwood Group

Fridley Alano Squad 33

Garage Dogs Men's Group

Gloria Dei Group

Gratitude Group

Great Blessings

Groveland Group

Happy Destiny

Happy, Joyous, Free - Columbia Heights

Homeboyz Squad

Howard Lake - Waverly AA Group

Into Action - Ham Lake

It Might Have Been Worse

Kenwood Group

Ladies Night Happy Hour - Sahara

Lakers AA Thursday 6:30 p.m.

Living Sober AA Group

Lost & Found Step - Zimmerman

McRae AA Squad

New Freedom - Chanhassen

New Way AA Group

Practical Experience

Prospect Park AA Group

Rich/Blmngtn Alano Open Spkr Mtg

Rule 62 AA

Saturday Night Meet & Greet - Crystal

Saturday Night Live Group

Savage Unity AA Group

SDSG

S.O.S. AA - Minneapolis

Squad 26 Anoka Today

St John's Savage AA Group

St Louis Park Sunday Night AA Group

Sunday Night Solutions - Big Lake

There is a Solution Women's AA

Third Tradition Group of AA

Thursday Open AA Isanti Alano

Thursday Night Women's AA Group

Tonka Alano Club Groups

Tradition Five

Tuesday Morning Discussion Byerly's

Twin Lakes Alano Squad M

Watertown Monday AA Group

Wayzata Sunday Night Step Group

Wayzata Women's Thursday Group

Winsted Group

Wooddale Avenue AA Group

Every AA group that sends a contribution is sent a receipt along with a "Thank You" letter from the office. It is the responsibility of the group treasurer or trusted servant to share the receipt and "Thank You" letter with their respective group. Every AA group that sends a contribution will be listed in the MIRUS. Upon inquiry your AA group can request a contribution summary.

Group Contributions/Birthday Plan** May 2018

Foxhall Chapter 7 (3) • Minnetonka Big Book • Up the Creek • Tradition Five • Basic Twelve (2)

**On their sobriety birthday, many AA members contribute one dollar or more for each year of sobriety to any or all of our four service entities; District, Area Assembly, the General Service Office and the local Intergroup. Some members attribute their birthday contribution to their home group. Those groups receive a receipt and "Thank You" letter from the office and are listed in the MIRUS.

Calendar of Events

Open Speaker Meetings

Thursday:

Central Pacific Group, 7:30 PM
Hennepin United Church, 511 Groveland Av., Minneapolis

Foxhall Chapter 7 Group, 7:30 PM
Wooddale Church, 6636 Shady Oak Rd., Eden Prairie
A sign language interpreter is provided each week.

Friday:

From the Heart Open Speaker Meeting, 7:00 PM
St. Paul's United Church, 201 Buffalo St., Delano

Edina Open Speaker Meeting, 7:30 PM
Christ Presbyterian Church, 6901 Normandale Blvd., Edina

Three Legacies, 7:30 PM
Cross of Glory Church, 4600 Shady Oak Rd., Hopkins
A sign language interpreter is provided each week.

Saturday:

There Is A Solution (Beginners Meeting), 6:00 PM
Dakota Alano Society, 3920 Rahn Rd., Eagan

Saturday Night Open Speaker Meeting, 7:30 PM
At The Common Table (parking in back of Bldg.)
2001 Riverside Ave., Minneapolis

Saturday Night Live Open Speaker Meeting, 7:30 PM
Basilica School 3rd floor (behind the church)
16th St. & Hennepin Ave., downtown Minneapolis
Free parking in the ramp across 16th St.
Wheelchair accessible

Tradition One, 7:30 PM
Pilgrim United Methodist, 4325 Zachary Ln., Plymouth

Saturday Night Greet & Meet, 7:30 PM
The Hall, 4805 Welcome Ave. N., Crystal

Saturday Night Open Speaker Meeting, 8:00 PM
2218 1st Ave. S., Minneapolis

Sunday:

Open Speaker Meeting, 11:00 AM
Richfield Bloomington Alano
9321 Bryant Ave. S., Bloomington

Step & Speaker Open Meeting, 7:00 PM
First Baptist Church, 1021 Hennepin Ave., Minneapolis

Special Events

July 9th, 2018
Self - Imposed Crisis AA Group Open Meeting
Sobriety Celebration Potluck - 8:00 P.M.
Nicollet Group presents the Stools & Bottles Talk
Hutchinson Alano Club
1170 Highway 7, Hutchinson, MN.

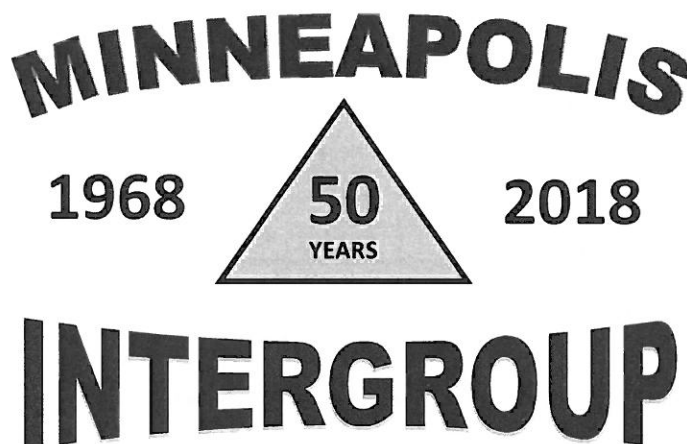
August 11th, 2018
Minneapolis Intergroup Celebrates 50 Years of Service
Summer Open House
9:00 A.M. - 1:00 P.M.
7204 W 27th St, Suite 113
St Louis Park, MN.

General Service Announcements

August 4th, 2018
Area Committee Meeting
Mankato City Center Hotel, MN.
Standing Committee Meeting: 9:30 A.M. - 11:30 P.M.
Area Committee Meeting: 1:00 P.M. - 5:00 P.M.

September 15th, 2018
Area Inventory
Lakeville Heritage Center
20110 Holyoke Ave, Lakeville, MN.
9:00 A.M. - 12:00 P.M.

Most Area 36 events have a map on how to find the location @ www.area36.org. Open Speaker Meetings are listed for the convenience of members who wish to bring newcomers and non-alcoholic friends. Listing in the Mirus should not be construed as any endorsement on the part of Minneapolis Intergroup. Call Intergroup if you need directions to any of these Open Speaker Meetings. Roundups, Workshops and Special Events are not endorsed by Minneapolis Intergroup and listings are provided for informational purposes only. Flyers for these events are available at the office.



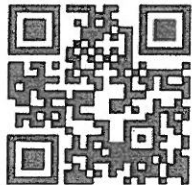
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Please make checks payable to Intergroup Association.

Please print:

New ☐

Renew ☐

Name _____

Address _____

City _____ State _____ Zip _____

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7204 W. 27th Street – Suite 113
St. Louis Park, MN 55426-3112
Fax: 952.922.1061 Email: info@aaminneapolis.org

Greater Minneapolis Intergroup
2018 Board Candidate Resume Form
Review Page 2 for Pertinent Information

Name:	
Address:	
Work Phone:	Home Phone:
Fax:	Email:
Sobriety Date:	Home Group:
Education:	
Current AA Activities:	
Past AA Activities:	
Current & Past Activities Outside AA Including other boards you may have served on	
Occupational Background	

Greater Minneapolis Intergroup
7204 W. 27th Street – Suite 113
St. Louis Park, MN 55426-3112
Fax: 952.922.1061 Email: info@aaminneapolis.org

Please review all information listed below

- Submissions due at Intergroup Office by September 13th.
- In accordance with the IG by-laws all candidate resumes should be submitted to the Intergroup Office 10 Business Days prior to elections. **Nominations will also be accepted from the floor on the night of election.**
- Annual Elections, Thursday, September 27, 2018 – 6:30PM
- Because of the time commitment, it is suggested that you discuss this service opportunity with your family and AA sponsor. (10-12 hours per month)
- You will be expected to; attend all Board and Rep meetings, attend a monthly General Service District meeting, serve on a Board sub committee, participate in functions that are sponsored by Greater Minneapolis Intergroup.
- Your Home Group should be located within the confines of the Metro Minneapolis Suburban Area.
- The Intergroup by-laws require each candidate to have 5 years of continuous sobriety on the date the election is held.
- A business background can be helpful. However experience at your Home Group, Intergroup, or General Service brings value to the mission of Greater Minneapolis Intergroup.
- No more than (2) two members from the same Home Group can serve on the board at the same time.
- As an elected board member you are serving all the groups in the greater Minneapolis AA community not just your AA Home Group.
- The AA 3rd Legacy procedure is the voting process used for our annual election.
- There are (4) four (3) three year term openings. Term begins October 1, 2018 and ends September 30, 2021.
- Minneapolis Intergroup is a non-profit Minnesota Corporation 501(c) (3) and is subject to all State and Federal laws.
- The IG by-laws require that copies of all submitted resumes be sent to the Intergroup Representatives of record by U.S. Mail 7 business days prior to the annual election.
- The Board elections are held annually at the Intergroup Representatives meeting, the 4th Thursday in September.
- Location: Mizpah United Church, 412 5th Ave North, Hopkins, MN 55343
- Reps meeting and annual elections begin at 6:30PM.

For directions see map in current MIRUS or on our website, www.aaminneapolis.org.