# The Original 4<sup>th</sup>Step Seminar

## **Open to all 12 Step Groups**

An adapted process from The Big Book of A.

## **Facilitated by Jim D. and Anna B. Facilitated by Bob V. and Julie E.** A supportive, intense, emotionally engaging exploration of steps 4 through 7, with an

exploration of steps 4 through 7, with an introduction to step 8.

Through the combined use of lecture, discussion, feedback, experiential exercises, and audio, you will experience the concept of "a searching and fearless moral inventory...."

Bring with you: a notebook, pen, and an open mind

Open to all 12 step groups

LIKE US: facebook.com/theoriginal4thstepseminar

#### Dates Dates Each Thursday October 5<sup>th</sup>-November 16, 2023 Time: 6:30-8:30

\*Completion of the seminar requires that you attend ALL sessions. Exceptions may be made for week 1 OR week 2.

# Location

Mayflower Congregational Church... 106 East Diamond Lake Road Minneapolis, MN 55419-1925

## For Information

Questions or to Register, Contact:

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