

MIRUS

Minneapolis Intergroup: Recovery, Unity, Service

August 2016 Step, Tradition, and Concept Eight

Step Eight

"Made a list of all persons we had harmed, and became willing to make amends to them all."

It seems as if the steps are sometimes mechanical in nature, and other times very spiritual. This step, for all intents and purposes, appears as if it is equal parts mechanical..."make a list," and spiritual..."became willing." The list itself was not that difficult to put together, most of the names had already come up in step work already done up to this point. But, to become willing, that is where the spiritual work of this step truly lies.

So, I first set out and made a list, and having looked ahead at the upcoming steps I had a pretty good understanding in what I was going to have to do with the list. My sponsor advised me to only make the list and not be concerned with anything more than that for the time being. If they were "renting space in my head," they were to go on the list. With my list made, it was suggested that I try and categorize the list by my degree of willingness; yes, I'm ready, perhaps some day, and over my dead body. Thankfully, I did not have very many which fell in to the latter of these three categories, but I did have a few that I was not real excited about.

One of the persons on my list was an ex-wife, which probably would have fallen into that difficult category. Where/how was I ever going to become "willing to make amends" to her, after all hadn't I been on the receiving end? Is it possible for me to will myself to be willing? I was pretty sure I would need some help in some way, shape, or form. So, I turned to my sponsor.

The first thing my sponsor asked me to do was to go home and make a list of 10 things, which I wanted and hoped for in my life. I came back to him a couple of days later with a good list which I was both happy and proud of, in that I had put some thought and effort into the list. My sponsor took one look at it, and it was apparent that he was NOT all that interested as to what was on the list, but was very interested in what I was to do with that list. He suggested that I take that list home with me and pray every night for the next 3 weeks that my ex-wife have the same things in her life. If I missed a night, I was to reset the clock and start a new 3 weeks.

In all honesty, at the end of those 3 weeks I still was not entirely willing to run out and make the amends, but I did feel a shift. The anger/resentment that I had felt had diminished and I felt a little bit of hope and peace. I did not have to be entirely will-

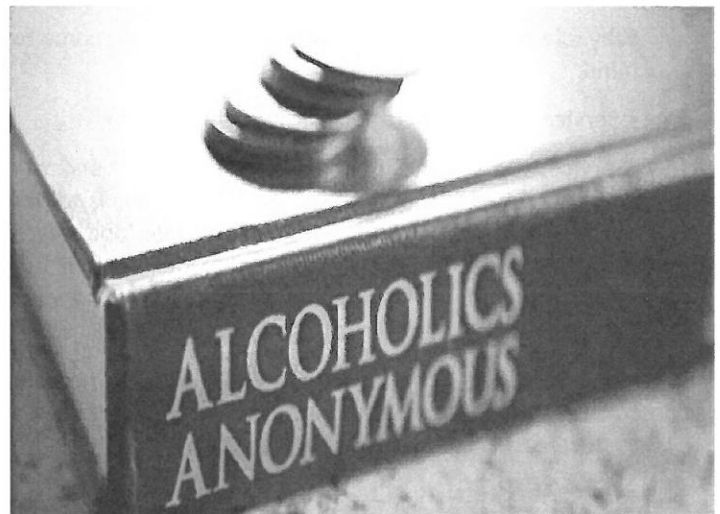
ing all at once with this particular name, because after all, I still had some names which fell in to the "yes, I'm ready" category.

I don't believe I have the power, of myself, to will myself to be willing. The power seems to come from outside of me, my responsibility was only to take action, and allow the spiritual process to happen. My part was to just be as open minded as I could be, and open my heart to a power greater than myself. It took some time, more step work-revisiting Step 4, as well as, quite a bit more prayer before I really felt willing to make that amend.

It felt like the time had come to finally make this amend, and I was WILLING to make this amend. But, how would I get in touch with her, how would we meet? There were still a number of unanswered questions. It's a funny thing about becoming willing, because God seems to have a sense of humor, and the universe opened up in a way I had no way of foreseeing.

As it turns out, my Dad who lives 150 miles from the Twin Cities took ill and was being transported to the same hospital that my ex-wife worked at in the Twin Cities. I reached out and contacted her and let her know of the situation. She was

Continued on page 6



Greater Minneapolis Intergroup • Alcoholics Anonymous®

7204 W. 27th St., Suite 113 • St. Louis Park, MN 55426-3112 • 952-922-0880 • www.aaminneapolis.org • email: info@aaminneapolis.org

OFFICE HOURS: Monday, Wednesday, Friday 9 am—4:30 pm • Tuesday & Thursday 9 am-7pm • Saturday 9 am-1 pm

Notes from your Service Office:

“Our Spiritual Way of Life: Steps, Traditions and Concepts”

SERVICE BEGINS BEFORE THE ALCOHOLIC ENTERS THE ROOM.....

Lisa Dawn G., your Southern MN Area Delegate said these words when she shared her delegate's report after attending the annual General Service Conference in NYC last April. She presented at the monthly Intergroup Rep meeting in June. She did an amazing job!

This really hit home with me. We all are aware when a newcomer walks through the doors of our home group. We see their lives transform before us, sometimes in a few months. There is more being done to reach the still suffering alcoholic. The services at Minneapolis Intergroup help those seeking help find you!

We have a great way your group can be connected to service opportunities. Every group can elect an Intergroup Representative. Your Rep attends the monthly meeting held the fourth Thursday of each month at the Mizpah United Church of Christ in Hopkins at 6:30 pm. Your group will always be up to date on what is currently going on at Minneapolis Intergroup.

All AA groups are welcome! We currently have ninety-one groups registered to attend the monthly meeting. We can help you be informed about events, workshops, and round-ups around the city and state. We will pass on information from the General Service Office in NYC. We bring copies of all new meeting flyers and up and coming anniversary meetings, etc.

The Intergroup Rep has a very important task each year. They are the voice of your group. Every group has one vote at the annual Board Elections that occur at the September meeting to elect four new Board Members. A week before the annual meeting, your Rep receives a copy of every AA member standing for a seat on the Board. Your Rep shares them with the group to hear the groups' conscience and votes accordingly at the annual election. We appreciate all the Reps that help make Minneapolis Intergroup the best it can be! We can't do it without all of you!

Your Office Manager, Gail S.

Notes from Your Board:

August 2016 Board Chair Notes

2016-2017 Intergroup Board Elections

We are seeking applications for the Intergroup Board. Each year there are 4 openings on the 12-member board.

Why join our board of directors? Several reasons come to mind.

- Service to help others and for our own recovery!

Service, the essence of the 12th Step: *“The wonderful energy it releases and the eager action by which it carries our message to the next suffering alcoholic and which finally translates the Twelve Steps into action upon all our affairs is the payoff, the magnificent reality, of Alcoholics Anonymous.”* 12 Steps and 12 Traditions, page 109.

“Our very lives, as ex-problem drinkers, depend upon our constant thought of others and how we may help meet their needs.” Alcoholics Anonymous, page 20.

- Career benefits:

Serving on a non-profit board has multiple benefits: expanding your network, strengthening project and team

management skills and becoming a better coach, to name a few.

- Take a stake in, become invested in, the cause of Greater Minneapolis Intergroup:

“Greater Minneapolis Intergroup is here to help anyone who has a drinking problem. Our sole purpose is to carry the message of Alcoholics Anonymous and to be of service to A.A. Groups in Minneapolis and the Suburban Area.”

From aaminneapolis.org home page.

Remember, “Faith without works is dead.”

We would love to have you submit a Board Resume Form, which is available here:

<http://aaminneapolis.org/about-intergroup/intergroup-representatives/>

Resumes are due September 8, and the election takes place September 22.

As always, it's an honor to serve the AA community. Stay in

Continued on page 7

Intergroup Board

Board Officers

Chairperson	Jane A.- W.
Co-Chairperson	Miles S.
Secretary	Jeanie O.
Treasurer	Ron C.

Board Members

Jennifer M.	Sooze H.
Jim R.	Jeanie O.
Tom B.	Michael H.
Ginger B.	Michael M.
Gail S. Office Manager, Ex-Officio	

General Service District Board Liaisons

District 7	Jeanie O.
District 13	Ginger B.
District 14	Jennifer M.
District 17	Michael M.
District 18	James R.
District 19	Sooze H.
District 20	Robert S., Doug H.
District 21	Tom B.
District 22	Jamie M.
District 24	Michael H.
District 25	Ron C.

Intergroup Staff

Gail S.	Office Manager
Claudia S.	Office Assistant
Terri D.	Office Assistant
Drew H.	Office Assistant

Your Intergroup board meets every month at 6:30 pm on the Tuesday before the Rep's meeting in the Intergroup Office.

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The MIRUS represents the experience of A.A. members. Their thoughts, expressed herein, are not to be attributed to Alcoholics Anonymous as a whole, nor does publication imply endorsement by either Alcoholics Anonymous or Greater Minneapolis Intergroup.

Metro District General Service Meetings

District 7	Second Monday, 6:30 pm St. Andrew's Lutheran Church 13600 Technology Dr., Eden Prairie, MN 55344
District 13	First Tuesday, 7:00 pm United Methodist Church 10506 Hanson Blvd. N.W., Coon Rapids, MN 55433
District 14	First Monday, 7:30 pm United Methodist Church 609 8th St. N.W., Buffalo, MN 55313
District 17	Second Tuesday, 7:30 pm Crossroads Assembly of God Church 10478 Bell Ave., Plato, MN 55370
District 18	Second Thursday, 6:30 pm Plymouth Congregational Church 1900 Nicollet Ave. S., Minneapolis, MN 55403
District 19	Second Wednesday, 7:00 pm Rosemount Community Center, Room 210 13885 S. Robert Tr., Rosemount, MN 55068
District 20	Fourth Tuesday, 7:00 pm Twin Lake Alano Club 4938 Brooklyn Blvd., Brooklyn Center, MN 55429
District 21	Second Tuesday, 7:30 pm Pilgrim United Methodist Church 4325 Zachary Lane, Plymouth, MN 55442
District 22	Second Wednesday, 7:30 pm St. Paul's Lutheran Church 13207 Lake St., Minnetonka, MN 55305
District 24	First Monday, 7:00 pm St. John's Lutheran Church 119 8th Ave. W., Shakopee, MN 55379
District 25	Second Wednesday, 7:30 pm Woodlake Lutheran Church 7525 Oliver Ave. S., Richfield, MN 55423

NOTICE • NOTICE



Intergroup Reps Meeting

Thursday,
August 25th
6:30 pm

At Mizpah United
Church of Christ:
412 5th Ave N.
Hopkins, MN 55343.
(See orientation mtg
directions)

Intergroup A.A. Orientation Open Meetings

The Saturday Orientation Open Meeting takes place every week at 10 A.M. at the Mizpah Church, 412 5th Ave. N., located just west of Highway 169 and just south of Highway 7 in Hopkins.

8/6	Local Service Office—Minneapolis Intergroup Her Story
8/13	Step Nine / Tradition Nine His Story
8/20	A.A. Service Entities: District & Area Her Story
8/27	Step Ten / Tradition Ten His Story

Twelve Concepts for World Service, written by Bill W. in 1962

Concept VIII:

The Trustees of the General Service Board act in two primary capacities: (a) With respect to the larger matters of over-all policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs, (b) But with respect to our separately incorporated and constantly active services, the relation of the Trustees is mainly that of full stock ownership and of custodial oversight which they exercise through their ability to elect all directors of these entities.

In the book *The A.A. Service Manual/Twelve Concepts for World Service*, Bill writes: "This Concept deals with the ways the General Service Board 'discharges its heavy obligations,' and its relationship with its two subsidiary corporations: A. A. World Services, Inc. and the A. A. Grapevine, Inc."

The Trustees of the General Service Board (GSB) act in two primary capacities: (1) with respect to the larger matters of over-all policy and finance, they are the principle planners and administrators. They and their primary committees directly manage these affairs; (2) but with respect to our separately incorporated and constantly active services, the relation of the Trustees is mainly that of full stock ownership and of custodial oversight which they exercise through their ability to elect all directors of these entities.

Here the Board's attitude has to be that of custodial oversight; it cannot be the executive. The trustees are the guarantors of good management of A. A. World Services, Inc. and the A. A. Grapevine, Inc. They discharge their custodial obligation by electing the directors of these service arms, a part of whom must always be Trustees.

In this instance, the GSB must practice Humility in determining what it can do well and what it cannot. Purity is reflected in that we must ensure we do not concentrate too much money in any one place, as that could, and most likely would, invite excessive executive authority. It is also critical that the GSB manifest the principle of Honesty to the highest degree in sharing with the Fellowship how well, or poorly, the subsidiary corporations of A.A.W.S. and the A.A. Grapevine are performing (transparency). The practice of Unselfishness is the only sure guard against the temptations to micro-manage, seek efficiencies at the cost of our principles, or financial gains that will erode and eventually destroy service functions, which are carrying the life-saving message to alcoholics worldwide.

Reference for this article and additional information about the Concepts can be found in "The A.A. Service Manual/ Twelve Concepts for World Service" http://www.aa.org/assets/en_US/nopage/bm-31-aa-service-manual-combined-with-twelve-concepts-for-world-services and "The Twelve Concepts Illustrated" pamphlet (P-8) http://www.aa.org/assets/en_US/aa-literature/p-8-the-twelve-concepts-illustrated.

Yours in Service,

Lisa Dawn G.

Panel 65 Delegate

Area 36, Southern Minnesota

delegate@area36.org

MINNEAPOLIS INTERGROUP ORIENTATION & TRAINING FOR AA INFORMATION TALKS AT NON-AA FACILITIES

WHEN: SATURDAY, SEPTEMBER 17TH, 2016

TIME: 11:15 AM

WHERE: MIZPAH UNITED CHURCH

412 5TH AVENUE NORTH, HOPKINS, MN. 55343

Current AA Information Committee members are

encouraged to attend and bring one AA member willing to join our committee. An overview of the program will explain guidelines for AAI talks for future and current members of the Information Committee. Also provided will be a sample presentation by a AAI participant.





**INTERGROUP'S 16TH ANNUAL
UNITY
OPEN HOUSE**

SATURDAY AUGUST 13, 2016

9AM - 1PM

9AM-11AM DOUGHNUTS & COFFEE * 11AM-1PM HOT DOGS & CHIPS
KIDS FUN AREA ALL DAY



NEED A SERVICE OPPORTUNITY? LEARN ABOUT...

Phone Volunteering: Daytime Phones, Group Phones, Early Birds and Night Owls
Southern Minnesota Area 36 Temporary Contact Program
Southern Minnesota Area 36 Correctional Facilities Contact Program

"An opportunity for all AA members to connect into service"



GREATER MINNEAPOLIS INTERGROUP
7204 West 27th Street, Suite 113
St. Louis Park, MN 55426
map & directions at www.aaminneapolis.org

"Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail."
—*Alcoholics Anonymous*, p. 89

**Intergroup
12 Step Service Opportunities**
**Contribute Your Time
at Minneapolis Intergroup**
Just Stop In!

Daytime Phone Answering
Training Provided
Daytime Office Volunteers
Service work available

**Carry the AA Message
to Outside Agencies***

Groups and Members are Invited to:
Hennepin County Adult Detention Center (Men)
Mission Nursing Home, Plymouth (Men & Women)
Sherburne Co. Jail/Federal Holding Facility (Men & Women)
Dakota County Jail (Men & Women)
Scott County Jail AA Meetings (Men & Women)
One Twelve Treatment Facility (Men Only)
Hazelden/Betty Ford Youth Facility (Men & Women)

Call or Stop by the Office for Details
**In Cooperation with the Professional Community*

"This is our twelfth suggestion: Carry this message to other alcoholics! You can help when no one else can."
—*Alcoholics Anonymous*, p. 89

Traditions Checklist: Tradition Eight

AA Grapevine

These questions were originally published in the AA Grapevine in conjunction with a series of articles on the Twelve Traditions that ran from November 1969 to September 1971. While they were originally intended as suggestions for individual use, many AA groups have since used them as a basis for wider discussion.

Short Form: Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.

Long Form: (From Twelve Steps and Twelve Traditions, p. 191): Alcoholics Anonymous should remain forever non-professional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services for which we might otherwise have to engage nonalcoholics. Such special services may be well recompensed. But our usual A.A. Twelfth Step work is never to be paid for.

1. Is my own behavior accurately described by the Traditions? If not, what needs changing?

2. When I chafe about any particular Tradition, do I realize how it affects others?
3. Do I sometimes try to get some reward—even if not money—for my personal AA efforts?
4. Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on *humility*?
5. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
6. In my own AA life, have I any experiences which illustrate the wisdom of this Tradition?
7. Have I paid enough attention to the book *Twelve Steps and Twelve Traditions*? To the pamphlet *AA Traditions—How it developed*?

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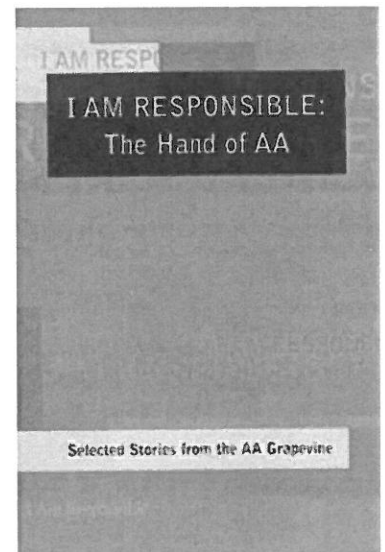
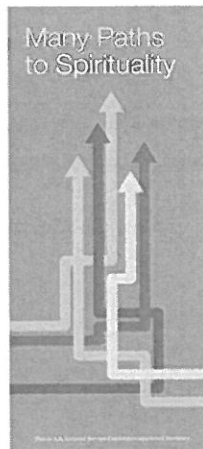
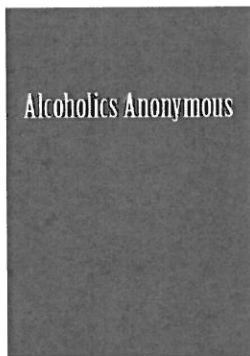
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working and able to meet him in the hospital ER...I'm sure a familiar face was comforting to him. They admitted him and monitored his condition for the next couple of days, and she kept in touch over the course of that time, tracking his progress, but unable to see his charts.

The next day he took a turn for the worse and was going to be moved up to ICU...yes, the same unit where my ex-wife worked. Again, I reached out to see if she could possibly be his primary care nurse. She told me she wasn't sure if she could, at which point I asked, "from a professional, or a personal standpoint?" She then asked to get back to me and would let me know. She cared for him for the next 48 hours in that ICU...for which both my Dad and I will always be grateful.

This all started with becoming willing, which sometimes is NOT an overnight process. But, if I open both my heart & my mind to the possibilities and take action...God always seems to do his part.

Bob D., Excelsior, for the MIRUS



Group Contributions—June 2016. Thank you all, in the Spirit of Hope.

2218 Squad 3
Andover Alano Squad 7
Annandale Lakers
Basic Principles
Basic Twelve (2)
Beltline Groups
Blaine Alano Squad 3
By the Book Group
Cavalier Club Mainstreeters
Chunks & Measures Squad 88 @ 2218
Colfax AA Group Thursday
Colfax Tuesday AA Group
Common Solution Big Book Study
Design for Living (2)
Dunn Sober AA Groups
Elders Big Book Stories Friday
Elders Big Book Thursday

Elders Steps & Traditions Tuesday
Elders Topic Sunday 10 A.M.
Five Alive AA Group
For Today Group
Foreword XIX Group
Foxhall Chapter 7 Group (3)
Gratitude Group
Great Blessings
Groveland Group
Happy Destiny
Happy Hour Squad 27 (2)
Happy, Joyous, Free—Columbia Heights
Hope's Noon AA
Isanti Alano Squad 3
Isanti Alano Squad 12
It Might Have Been Worse
Ladies Night Happy Hour Sahara Club
Medina AA Group

Minnetonka Big Book Study Group
Monticello Alano Squad 7
New Hope Alano Squad 30
No Bull Big Book
Normandale AA Group
North Suburban Alano
Parkview Group
Prospect Park AA Group
Ramsey AA (NowThen AA)
Rich/Blmngtn Alano Sun Speaker Mtg
Rosemount AA Group
Rule 62 AA
Sahara 6 P.M. Wednesday Big Book
Saturday Night Live Group
SDSG (2)
Senior Happy Hour
Serenus AA Group

St John's Savage AA Group
St Louis Park Sunday Night AA Group
Sunday Night Step & Tradition Mtg
Sunday Serenity Group
There is a Solution AA—Rogers
There is a Solution Women's AA
Third Tradition Group of AA
Thursday Night Happy Hour 5:30 P.M.
Thursday Night Big Book in Buffalo
Thursday Night Grace
Thursday Nite Victory AA
Tradition Five
Twin Lakes Alano
Up the Creek Big Book Group
Valley View AA Group in Edina
Watertown AA Wednesday
Women's Big Book Study Buffalo

Calendar of Events

Open Speaker Meetings

Thursday:

Central Pacific Group, 7:30 PM
Central Lutheran Church, 333 South 12th St., Minneapolis

Foxhall Chapter 7 Group, 7:30 PM
Wooddale Church, 6636 Shady Oak Road, Eden Prairie

Friday:

Edina Open Speaker Meeting, 7:30 PM
Christ Presbyterian Church, 6901 Normandale Blvd., Edina

Three Legacies, 7:30 PM
Cross of Glory Church, 4600 Shady Oak Rd., Hopkins
A sign language interpreter is provided each week.

From the Heart, 7:00 PM
St. Paul's United Church, 201 Buffalo St., Delano

Saturday:

There Is A Solution (Beginners Meeting), 6:00 PM
Dakota Alano Society, 3920 Rahn Road, Eagan

Saturday Night Open Speaker Meeting, 7:30 PM
At The Common Table (parking in back of Bldg.)
2001 Riverside Ave., Minneapolis

Saturday Night Live Open Speaker Meeting, 7:30 PM
Basilica School 3rd floor (behind the church)
16th & Hennepin, downtown Minneapolis
Free parking in the ramp across 16th Street
Wheelchair accessible

Tradition One, 7:30 PM
Pilgrim United Methodist
4325 Zachary Lane, Plymouth

Saturday Night Open Speaker Meeting, 8:00 PM
2218 1st Avenue South, Minneapolis

Sunday:

Step & Speaker Open Meeting, 7:00 PM
First Baptist Church
10th & Hennepin, Minneapolis

Open Speaker Meeting, 11:00 AM
Richfield Bloomington Alano
9321 Bryant Ave S., Bloomington

Special Events

August 13th, 2016
16th Annual Unity Open House
at Minneapolis Intergroup
9:00 AM—1:00 PM

August 19th—21st, 2016
39th Annual Cornhusker Roundup
Ramada Plaza Hotel
Omaha, Nebraska
www.aa-cornhusker.org

September 9th—11th, 2016
58th Annual Southern Minnesota Roundup
Best Western Hotel
North Mankato, MN
5:30 PM

September 9th—11th, 2016
26th Annual Heartland Round-Up
Park Rapids, MN
www.heartlandroundup.com

September 17th, 2016
Orientation for AA Information Talks
Mizpah United Church, Hopkins, MN
11:15 AM—2:00 PM, Lunch Provided

General Service Announcements

August 6th, 2016
Area Committee Meeting
Best Western, North Mankato, MN
Standing Committee Meeting 9:30 AM-11:30 AM
Area Standing Committee Meeting 1:00 PM-5:00 PM

September 10th, 2016
Area 36 Inventory
Bethel Lutheran Church, Northfield, MN

October 15th, 2016
Area Assembly, Hutchinson Event Center
Hutchinson, MN
9:00 AM-5:00 PM

Most Area 36 events have a map on how to find the location @ www.area36.org. Open Speaker Meetings are listed for the convenience of members who wish to bring newcomers and non-alcoholic friends. Listing in the Mirus should not be construed as any endorsement on the part of Minneapolis Intergroup. Call Intergroup if you need directions to any of these Open Speaker Meetings. Roundups, Workshops and Special Events are not endorsed by Minneapolis Intergroup and listings are provided for informational purposes only. Flyers for these events are available at the office.

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touch with us by providing you feedback, suggestions and/or questions! We are reachable by email at:
info@aaminneapolis.org.

See you in the rooms...

In Service, Jane A-W

INTERGROUP ASSOCIATION
7204 W. 27th St., Suite 113
St. Louis Park, MN. 55426

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ORGANIZATION
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Please make checks payable to Intergroup Association.

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Greater Minneapolis Intergroup
7204 W. 27th Street – Suite 113
St. Louis Park, MN 55426-3112
Fax: 952.922.1061 Email: info@aaminneapolis.org

Greater Minneapolis Intergroup
2016 Board Candidate Resume Form
Review Page 2 for Pertinent Information

Name:	
Address:	
Work Phone:	Home Phone:
Fax:	Email:
Sobriety Date:	Home Group:
Education:	
Current AA Activities:	
Past AA Activities:	
Current & Past Activities Outside AA Including other boards you may have served on	
Occupational Background	

Greater Minneapolis Intergroup
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Fax: 952.922.1061 Email: info@aaminneapolis.org

Please review all information listed below

- Submissions due at Intergroup Office by September 8th.
- In accordance with the IG by-laws all candidate resumes should be submitted to the Intergroup Office 10 Business Days prior to elections. **Nominations will also be accepted from the floor on the night of election.**
- Annual Elections, Thursday, September 22, 2016 – 6:30PM
- Because of the time commitment, it is suggested that you discuss this service opportunity with your family and AA sponsor. (10-12 hours per month)
- You will be expected to; attend all Board and Rep meetings, attend a monthly General Service District meeting, serve on a Board sub committee, participate in functions that are sponsored by Greater Minneapolis Intergroup.
- Your Home Group should be located within the confines of the Metro Minneapolis Suburban Area.
- The Intergroup by-laws require each candidate to have 5 years of continuous sobriety on the date the election is held.
- A business background can be helpful. However experience at your Home Group, Intergroup, or General Service brings value to the mission of Greater Minneapolis Intergroup.
- No more than (2) two members from the same Home Group can serve on the board at the same time.
- As an elected board member you are serving all the groups in the greater Minneapolis AA community not just your AA Home Group.
- The AA 3rd Legacy procedure is the voting process used for our annual election.
- There are (4) four (3) three year term openings. Term begins October 1, 2016 and ends September 30, 2019.
- Minneapolis Intergroup is a non-profit Minnesota Corporation 501(c) (3) and is subject to all State and Federal laws.
- The IG by-laws require that copies of all submitted resumes be sent to the Intergroup Representatives of record by U.S. Mail 7 business days prior to the annual election.
- The Board elections are held annually at the Intergroup Representatives meeting, the 4th Thursday in September.
- Location: Mizpah United Church, 412 5th Ave North, Hopkins, MN 55343
- Reps meeting and annual elections begin at 6:30PM.

For directions see map in current MIRUS or on our website, www.aaminneapolis.org.

The Intergroup Representative

A Link between your Home Group and Greater Minneapolis Intergroup

What is an Intergroup Rep?

The Intergroup Representative is your Home Group's voice for assuring that your Intergroup Service Office functions and carries out its Primary Purpose. All AA groups are welcome to participate at Intergroup.

What is the Primary Purpose of Intergroup?

Our main purpose is to help alcoholics find AA meetings and assist newcomers in the recovery program of Alcoholics Anonymous.

Intergroup's VITAL SERVICES

1. We answer our Telephone Hotline Service 24 hours a day to assist new members with the help and hope of AA
2. We stock all AA Conference-approved literature and other books for the AA community
3. We maintain an office to facilitate 12 Step calls and service opportunities
4. We maintain a web-based meeting directory which is updated weekly
5. We publish a print meeting directory at least once annually
6. We publish the MIRUS newsletter every month
7. We respond to inquiries from outside agencies, including the media, seeking information about the Fellowship of Alcoholics Anonymous
8. We support the 12 Step service of over 500 Intergroup volunteers

How does someone become an Intergroup Rep?

All AA groups/squads are eligible for membership. Groups elect an Intergroup Representative and an Alternate Representative; they usually serve a 2 year term. Each Group determines length of sobriety for their Representative however experience has shown that at least 2 years is ideal. A group must be registered with Intergroup at least five (5) days before their Representative is entitled to vote at the Intergroup Representatives Meeting.

What does an Intergroup Rep do?

Intergroup Reps and Alternate Reps attend the monthly Intergroup Representatives' Meeting. These 'Reps Meetings' are held 12 times per year on the 4th Thursday of every month unless it falls on a Holiday. Intergroup Reps are responsible for two-way communication between their Home Group and Intergroup.

Reps may have input into the agenda by calling the Intergroup Service Office or by communicating requests for agenda additions with the Board Chairperson before the Agenda is approved at the beginning of the Reps Meeting. Minutes from the previous month's Reps Meeting are available after they have been approved at the Reps Meeting. Copies of the minutes are then available at the Intergroup Office.

What are Intergroup Rep meetings like?

Representatives register with Intergroup at each Reps Meeting by providing their contact information and home group. Each Rep and home group is responsible for providing the office with current contact information to insure that AA group members have the opportunity to participate in Intergroup 12 Step Services.

Full names and contact information of individual AA members submitted to the Intergroup Service Office are kept confidential in accordance with Intergroup Bylaws and the principle of anonymity.

Notice of the Reps Meeting, including any meeting changes, is published each month in the MIRUS newsletter and on the Intergroup website.

ANNUAL BOARD ELECTIONS

Intergroup's Annual Election Meeting is on the 4th Thursday of every September. IG Reps in attendance at this meeting elect four new Board members to serve 3-year terms; this then replaces the 4 rotating off the board. Elections are conducted according to the Third Legacy procedure as outlined in, "The AA Service Manual." At least 26 Representatives (a quorum) must be present in order to conduct the election. A quorum is also needed to make any changes to the Intergroup Bylaws. Copies of the Greater Minneapolis Intergroup Bylaws are available during office hours or at the Reps meeting.

According to our Bylaws there are 12 elected Board Members. No more than 2 members can be from the same Home Group. All Board Members must have a minimum of 5 years sobriety. The 12-member elected Board has the fiduciary responsibility for the financial integrity of maintaining vital services during their term of office. The following officers are elected at the IG Board meeting the Tuesday prior to the Annual Election meeting: Chairperson, co-Chairperson, Treasurer, and Secretary. Each serves a one-year term, October 1st to September 30th, which is the Fiscal Year of Greater Minneapolis Intergroup.